



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Basic Health And Safety For Winding Operations Training

Manufacturing, Engineering and Technology / Fabrication and Extraction

Unit Standard 110179 · NQF Level 3 · 5 Credits · 2 Days

COURSE OVERVIEW

This course equips learners with the essential knowledge and skills to apply basic health and safety principles in winding operations. It covers hazard identification, risk assessment, and emergency procedures specific to winding environments, ensuring compliance with South African occupational health and safety regulations.

Category	Manufacturing, Engineering and Technology
Subfield	Fabrication and Extraction
Unit Standard	110179
Accreditation	SAQA Accredited · NQF Level 3 · 5 Credits
Duration	2 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Identify and explain potential health and safety hazards associated with winding operations.
- Apply relevant occupational health and safety legislation and procedures to winding activities.
- Demonstrate correct use of personal protective equipment and safety devices in winding operations.
- Implement emergency response procedures for winding-related incidents.
- Conduct basic risk assessments and recommend control measures for winding tasks.
- Communicate health and safety information effectively within the winding operations team.

WHO SHOULD ATTEND

- This course is intended for operators, supervisors, and safety personnel involved in winding operations in mining, industrial, or manufacturing settings who require foundational health and safety training.

COURSE OUTLINE

Day 1: Foundations of Health and Safety for Winding Operations

- Introduction to health and safety legislation (MHSA, regulations).
- Roles and responsibilities of employers, employees, and contractors.
- Hazard identification: mechanical, electrical, and environmental risks in winding.
- Risk assessment methodology (identify, assess, control, review).
- Personal protective equipment: types, selection, and maintenance.
- Emergency procedures and evacuation plans for winding installations.
- Housekeeping and safe work practices in winding areas.

Day 2: Safe Operating Procedures and Emergency Response

- Safe operating procedures for winders (starting, stopping, emergency stops).
- Safety devices: overspeed protection, brakes, indicators, and alarms.
- Lock-out/tag-out procedures for isolation of energy sources.
- Emergency scenarios: rope slip, overwind, power failure, fire.
- First aid basics and rescue preparedness.
- Incident reporting and documentation.
- Practical safety inspection checklist for winding installations.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **5 NQF credits** at **NQF Level 3**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 15,400.00	R 15,400.00
1	In-House	R 20,000.00	R 20,000.00
1	On-Campus (Pretoria)	R 23,100.00	R 23,100.00

UPCOMING SESSIONS

Start	End	Method	Venue
04 Aug 2026	05 Aug 2026	On-Campus	Pretoria, South Africa
04 Aug 2026	05 Aug 2026	On-Campus	Cape Town, South Africa
04 Aug 2026	05 Aug 2026	On-Campus	Johannesburg, South Africa
06 Aug 2026	07 Aug 2026	On-Campus	Dubai, UAE
06 Aug 2026	07 Aug 2026	On-Campus	Mauritius
06 Aug 2026	07 Aug 2026	On-Campus	Lagos, Nigeria
10 Aug 2026	11 Aug 2026	On-Campus	Mauritius
10 Aug 2026	11 Aug 2026	On-Campus	Dubai, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 110179) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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