



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Cleaning Wards And High Risk Patient Areas Training

Services / Cleaning, Domestic, Hiring, Property and Rescue Services

Unit Standard 110466 · NQF Level 2 · 8 Credits · 5 Days

COURSE OVERVIEW

This course equips cleaning and healthcare support staff with the specialised knowledge and practical skills required to clean wards and high-risk patient areas in healthcare facilities. It focuses on infection prevention, correct use of cleaning agents, and adherence to occupational health and safety standards, ensuring a safe environment for patients, staff, and visitors.

Category	Services
Subfield	Cleaning, Domestic, Hiring, Property and Rescue Services
Unit Standard	110466
Accreditation	SAQA Accredited · NQF Level 2 · 8 Credits
Duration	5 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply correct cleaning procedures for different types of wards and high-risk patient areas.
- Demonstrate proper use of personal protective equipment and cleaning chemicals.
- Implement infection control measures to minimise cross-contamination.
- Evaluate cleaning outcomes to ensure compliance with health and safety standards.
- Design a cleaning schedule that prioritises high-risk zones.
- Identify and report hazards related to cleaning activities in healthcare settings.

WHO SHOULD ATTEND

- This course is intended for cleaning supervisors, environmental services staff, and healthcare support workers responsible for cleaning patient areas in hospitals, clinics, and long-term care facilities.

COURSE OUTLINE

Day 1: Introduction to Cleaning Principles and Infection Control

- Overview of healthcare cleaning standards and regulations
- Infection control basics: chain of infection
- Types of microorganisms: bacteria, viruses, fungi
- Modes of transmission: contact, droplet, airborne
- Principles of cleaning: physical removal vs disinfection
- Introduction to cleaning schedules and protocols
- Personal protective equipment (PPE) requirements
- Waste management categories and disposal

Day 2: Cleaning Techniques and Chemical Use

- Cleaning equipment: mops, cloths, buckets, and colour-coding
- Cleaning methods: damp dusting, mopping, spot cleaning
- Types of cleaning agents: detergents, disinfectants, sanitizers
- Chemical safety data sheets (SDS) and handling
- Dilution and mixing procedures
- Contact time and efficacy of disinfectants
- Storage and labelling of chemicals
- Spill management procedures

Day 3: Cleaning General Wards and Patient Areas

- Daily cleaning routines for patient rooms
- Terminal cleaning after patient discharge
- Cleaning of bathrooms, toilets, and showers
- Linen handling and changing bed linen
- Cleaning of medical equipment: IV poles, monitors
- Waste segregation in wards
- Handling of sharps and clinical waste
- Documentation and checklists

Day 4: Cleaning High-Risk Patient Areas (ICUs, Isolation, Theatres)

- Cleaning in intensive care units (ICUs)
- Isolation rooms: airborne, droplet, contact precautions
- Operating theatre cleaning between cases and terminal
- Cleaning of ventilators and life-support equipment
- Use of disinfectants in high-risk areas
- Environmental monitoring: visual inspection and ATP testing
- Outbreak cleaning procedures
- Personal protective equipment in high-risk settings

Day 5: Quality Assurance, Audit, and Practical Integration

- Cleaning audits: checklists and scoring
- Infection prevention and control (IPC) team roles
- Feedback and corrective actions
- Standard operating procedures (SOPs) review
- Team communication and handover

- Emergency preparedness for outbreaks
- Final assessment and practical demonstration
- Certification and ongoing competency

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **8 NQF credits** at **NQF Level 2**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 23,000.00	R 23,000.00
1	In-House	R 29,900.00	R 29,900.00
1	On-Campus (Pretoria)	R 34,500.00	R 34,500.00

UPCOMING SESSIONS

Start	End	Method	Venue
03 Aug 2026	07 Aug 2026	On-Campus	Pretoria, South Africa
03 Aug 2026	07 Aug 2026	On-Campus	Dubai, UAE
03 Aug 2026	07 Aug 2026	On-Campus	Cape Town, South Africa
03 Aug 2026	07 Aug 2026	On-Campus	Mauritius
03 Aug 2026	07 Aug 2026	On-Campus	Johannesburg, South Africa
03 Aug 2026	07 Aug 2026	On-Campus	Lagos, Nigeria
10 Aug 2026	14 Aug 2026	On-Campus	Mauritius
10 Aug 2026	14 Aug 2026	On-Campus	Cape Town, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 110466) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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