



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Emergency Distress Response And Signalling Procedures Training

Services / Transport, Operations and Logistics

Unit Standard 114004 · NQF Level 3 · 3 Credits · 1 Day

COURSE OVERVIEW

This course equips learners with the knowledge and practical skills to respond effectively to emergency distress situations and apply correct signalling procedures. It covers the identification of distress signals, appropriate responses, and communication protocols to ensure safety in crisis scenarios.

Category	Services
Subfield	Transport, Operations and Logistics
Unit Standard	114004
Accreditation	SAQA Accredited · NQF Level 3 · 3 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply appropriate distress signalling procedures in emergency scenarios.
- Analyze distress signals and determine the correct response protocol.
- Demonstrate effective communication techniques during emergency distress situations.
- Implement safety measures to protect self and others during response.
- Evaluate the effectiveness of signalling equipment and methods.
- Design a basic emergency response plan incorporating distress signalling.

WHO SHOULD ATTEND

- This course is designed for employees, safety officers, and emergency response team members who may need to handle distress situations in the workplace or field environments.

COURSE OUTLINE

Day 1: Emergency Distress Response and Signalling Procedures

- Introduction to emergency distress response and signalling.
- Types of distress signals: visual, auditory, and electronic.
- Communication protocols: Mayday, Pan-Pan, and urgency calls.
- Use of personal locator beacons (PLBs), EPIRBs, and satellite communication.
- Pyrotechnic signals: flares, smoke, and illumination.
- Signalling with mirrors, whistles, and improvised devices.
- International regulations and standards (SOLAS, ICAO, etc.).
- Case studies of effective distress signalling.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **3 NQF credits** at **NQF Level 3**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 12,800.00	R 12,800.00
1	In-House	R 16,600.00	R 16,600.00
1	On-Campus (Pretoria)	R 19,200.00	R 19,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
05 Aug 2026	05 Aug 2026	On-Campus	Dubai, UAE
06 Aug 2026	06 Aug 2026	On-Campus	Pretoria, South Africa
06 Aug 2026	06 Aug 2026	On-Campus	Lagos, Nigeria
07 Aug 2026	07 Aug 2026	On-Campus	Johannesburg, South Africa
10 Aug 2026	10 Aug 2026	On-Campus	Cape Town, South Africa
11 Aug 2026	11 Aug 2026	On-Campus	Dubai, UAE
12 Aug 2026	12 Aug 2026	On-Campus	Pretoria, South Africa
13 Aug 2026	13 Aug 2026	On-Campus	Abu Dhabi, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 114004) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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