



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aaticd.co.za · Website: www.aaticd.co.za

COURSE BROCHURE

Employee Wellbeing Strategy Development For Workplace Challenges Training

Business, Commerce and Management Studies / Finance, Economics and Accounting

Unit Standard 114208 · NQF Level 4 · 3 Credits · 1 Day

COURSE OVERVIEW

This course equips learners with the skills to develop and implement a comprehensive employee wellbeing strategy that addresses contemporary workplace challenges. Participants will learn to assess wellbeing needs, design interventions, and evaluate the impact of wellbeing initiatives on organisational performance and employee satisfaction.

Category	Business, Commerce and Management Studies
Subfield	Finance, Economics and Accounting
Unit Standard	114208
Accreditation	SAQA Accredited · NQF Level 4 · 3 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Analyse workplace challenges impacting employee wellbeing using relevant frameworks and data collection methods.
- Design a strategic employee wellbeing plan that aligns with organisational goals and addresses identified challenges.
- Implement wellbeing interventions that promote mental, physical, and social health in the workplace.
- Evaluate the effectiveness of wellbeing strategies using appropriate metrics and feedback mechanisms.
- Apply ethical and legal considerations in the development and execution of wellbeing initiatives.
- Demonstrate the ability to communicate and advocate for employee wellbeing across all levels of the organisation.

WHO SHOULD ATTEND

- This course is designed for HR professionals, wellness officers, line managers, and team leaders responsible for employee wellbeing and organisational health within their organisations.

COURSE OUTLINE

Day 1: Foundations of Employee Wellbeing Strategy Development

- Defining employee wellbeing and its impact on productivity and retention
- Common workplace challenges: stress, burnout, mental health, and work-life balance
- Strategic alignment of wellbeing with organisational goals
- Needs assessment: surveys, focus groups, and data analysis
- Designing a wellbeing strategy: pillars, resources, and metrics
- Implementation planning: communication, training, and support structures
- Monitoring and evaluation: KPIs and continuous improvement
- Case studies: successful wellbeing strategies in South African workplaces

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **3 NQF credits** at **NQF Level 4**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 12,800.00	R 12,800.00
1	In-House	R 16,600.00	R 16,600.00
1	On-Campus (Pretoria)	R 19,200.00	R 19,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	10 Aug 2026	On-Campus	Abu Dhabi, UAE
11 Aug 2026	11 Aug 2026	On-Campus	Durban, South Africa
11 Aug 2026	11 Aug 2026	On-Campus	Mauritius
12 Aug 2026	12 Aug 2026	On-Campus	Cape Town, South Africa
13 Aug 2026	13 Aug 2026	On-Campus	Dubai, UAE
14 Aug 2026	14 Aug 2026	On-Campus	Pretoria, South Africa
17 Aug 2026	17 Aug 2026	On-Campus	Durban, South Africa
18 Aug 2026	18 Aug 2026	On-Campus	Shenzhen, China

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 114208) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza, 1122 Burnett St, Hatfield 0028, Pretoria, Gauteng, South Africa
Tel: +27 12 004 8389 · WhatsApp: +27 65 077 6310 · apply@aaticd.co.za · www.aaticd.co.za