



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Home Based Palliative Care For HIV And AIDS Patients Training

Services / Cleaning, Domestic, Hiring, Property and Rescue Services

Unit Standard 114451 · NQF Level 1 · 4 Credits · 1 Day

COURSE OVERVIEW

This course equips learners with the knowledge and skills to provide compassionate, effective palliative care to HIV and AIDS patients in a home-based setting. It focuses on symptom management, psychosocial support, infection control, and ethical care practices to improve quality of life for patients and their families.

Category	Services
Subfield	Cleaning, Domestic, Hiring, Property and Rescue Services
Unit Standard	114451
Accreditation	SAQA Accredited · NQF Level 1 · 4 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Demonstrate understanding of HIV and AIDS pathophysiology and its impact on palliative care needs.
- Apply principles of symptom management, including pain control, nutritional support, and comfort measures.
- Implement infection prevention and control measures to ensure safety for both caregiver and patient.
- Analyze psychosocial and spiritual needs of patients and families and provide appropriate support and referral.
- Evaluate ethical and legal considerations, including patient confidentiality and advance care planning.
- Design a holistic care plan that integrates medical, emotional, and social support for home-based palliative care.

WHO SHOULD ATTEND

- Home-based caregivers, community health workers, nurses, and family members responsible for the daily care of HIV and AIDS patients in a home environment.

COURSE OUTLINE

Day 1: Foundational Concepts of Home Based Palliative Care for HIV and AIDS Patients

- Introduction to palliative care: definition, principles, and goals.
- The HIV and AIDS epidemic in South Africa: epidemiology and impact.
- Holistic assessment of patient and family needs.
- Common symptoms in advanced HIV: pain, nausea, dyspnoea, and fatigue.
- Basic pain management: WHO analgesic ladder and non-pharmacological interventions.
- Psychosocial support: counselling, grief, and bereavement.
- Infection prevention and control in the home setting.
- Ethical issues: confidentiality, informed consent, and advance care planning.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **4 NQF credits** at **NQF Level 1**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 12,800.00	R 12,800.00
1	In-House	R 16,600.00	R 16,600.00
1	On-Campus (Pretoria)	R 19,200.00	R 19,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	10 Aug 2026	On-Campus	Dubai, UAE
11 Aug 2026	11 Aug 2026	On-Campus	Pretoria, South Africa
12 Aug 2026	12 Aug 2026	On-Campus	Abu Dhabi, UAE
13 Aug 2026	13 Aug 2026	On-Campus	Durban, South Africa
13 Aug 2026	13 Aug 2026	On-Campus	Mauritius
14 Aug 2026	14 Aug 2026	On-Campus	Cape Town, South Africa
17 Aug 2026	17 Aug 2026	On-Campus	Pretoria, South Africa
18 Aug 2026	18 Aug 2026	On-Campus	Abu Dhabi, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 114451) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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