



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aaticd.co.za · Website: www.aaticd.co.za

COURSE BROCHURE

Understanding South Africa Historical Political Social Economic Realities Training

Law, Military Science and Security / Sovereignty of the State

Unit Standard 114846 · NQF Level 5 · 10 Credits · 7 Days

COURSE OVERVIEW

This course provides a comprehensive understanding of South Africa's historical, political, social, and economic realities, enabling learners to critically analyze the country's development and current challenges. It equips participants with the knowledge to contextualize contemporary issues and contribute meaningfully to transformation and nation-building efforts.

Category	Law, Military Science and Security
Subfield	Sovereignty of the State
Unit Standard	114846
Accreditation	SAQA Accredited · NQF Level 5 · 10 Credits
Duration	7 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Analyze the key historical events and periods that have shaped South Africa's political and social landscape.
- Evaluate the impact of apartheid and colonialism on contemporary South African society and economy.
- Demonstrate an understanding of the Constitution of South Africa and its role in promoting democracy and human rights.
- Apply knowledge of South Africa's economic policies and challenges to assess current socio-economic realities.
- Critically assess the role of social movements and civil society in shaping post-apartheid South Africa.
- Synthesize historical, political, social, and economic factors to propose strategies for addressing current challenges.

WHO SHOULD ATTEND

- This course is designed for professionals, educators, community leaders, and anyone seeking a deeper understanding of South Africa's complex socio-economic and political landscape.
- It is ideal for those working in public policy, development, human resources, or corporate social investment.

COURSE OUTLINE

Day 1: Introduction to South African Realities and Key Concepts

- Overview of South Africa: provinces, languages, population.
- Key historical periods: pre-colonial, colonial, apartheid, post-apartheid.
- Introduction to political systems: from segregation to democracy.
- Social stratification: race, class, gender.
- Economic indicators: GDP, inequality, unemployment.
- The Constitution and Bill of Rights.
- Understanding 'multiple realities' in South African context.

Day 2: Pre-Colonial and Colonial Foundations

- Pre-colonial kingdoms: Mapungubwe, Great Zimbabwe, Zulu, Xhosa.
- Arrival of Europeans: Dutch East India Company, slavery.
- British colonialism: wars, annexations, mineral discoveries.
- The Great Trek and Boer Republics.
- Anglo-Boer Wars and the Union of 1910.
- Land Acts and racial segregation beginnings.
- Economic foundations: mining, agriculture, labour migration.

Day 3: Apartheid: Ideology, Implementation, and Resistance

- Apartheid legislation: Population Registration, Group Areas, Pass Laws.
- Bantustans and forced removals.
- Economic exploitation: cheap labour, job reservation.
- Education under apartheid: Bantu Education.
- Resistance: ANC, PAC, Black Consciousness, UDF.
- Key events: Sharpeville, Soweto Uprising, Rivonia Trial.
- International sanctions and isolation.
- Negotiations: CODESA, transition to democracy.

Day 4: Post-Apartheid Political Landscape

- The 1994 elections and Government of National Unity.
- The Constitution: principles, institutions (Chapter 9).
- Truth and Reconciliation Commission.
- ANC dominance and factionalism.
- Rise of opposition parties: DA, EFF, others.
- Corruption and state capture.
- Electoral system and voter behaviour.
- Civil society and social movements.

Day 5: Social Realities: Inequality, Identity, and Transformation

- Gini coefficient and inequality trends.
- Race and identity: 'coloured', Indian, white, African.
- Gender-based violence and women's rights.
- Land reform: restitution, redistribution, tenure security.
- Education and health disparities.
- Housing, service delivery protests.
- Social grants and poverty alleviation.

- Nation-building and social cohesion.

Day 6: Economic Realities: Growth, Challenges, and Development

- Economic history: from mining to services.
- Macroeconomic indicators: GDP, inflation, debt.
- Labour market: formal vs informal, youth unemployment.
- Industrial policy: special economic zones, automotive industry.
- Black Economic Empowerment and its critiques.
- State-owned enterprises: Eskom, Transnet, SAA.
- Informal economy and entrepreneurship.
- Regional and global economic integration: SADC, BRICS.

Day 7: Integration, Practical Application, and Future Perspectives

- Case studies: applying the three realities to current events.
- Scenario planning: possible futures for South Africa.
- Role of citizens and organisations in change.
- Workplace implications: diversity, inclusion, compliance.
- Developing an action plan for ongoing learning.
- Group presentations and peer feedback.
- Course wrap-up and evaluation.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **10 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 29,600.00	R 29,600.00
1	In-House	R 38,500.00	R 38,500.00
1	On-Campus (Pretoria)	R 44,400.00	R 44,400.00

UPCOMING SESSIONS

Start	End	Method	Venue
11 Aug 2026	19 Aug 2026	On-Campus	Durban, South Africa
11 Aug 2026	19 Aug 2026	On-Campus	Mauritius
12 Aug 2026	20 Aug 2026	On-Campus	Cape Town, South Africa
13 Aug 2026	21 Aug 2026	On-Campus	Dubai, UAE
14 Aug 2026	24 Aug 2026	On-Campus	Pretoria, South Africa
17 Aug 2026	25 Aug 2026	On-Campus	Durban, South Africa
18 Aug 2026	26 Aug 2026	On-Campus	Shenzhen, China
19 Aug 2026	27 Aug 2026	On-Campus	Dubai, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 114846) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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