



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aaticd.co.za · Website: www.aaticd.co.za

COURSE BROCHURE

Tactical Foot Movement In A Team Training

Law, Military Science and Security / Safety in Society

Unit Standard 115331 · NQF Level 4 · 11 Credits · 8 Days

COURSE OVERVIEW

This course equips team members with the skills to execute tactical foot movements effectively in a team setting, ensuring coordinated and safe navigation in various operational environments. Participants will learn to apply movement techniques that enhance team cohesion, situational awareness, and response efficiency during tactical operations.

Category	Law, Military Science and Security
Subfield	Safety in Society
Unit Standard	115331
Accreditation	SAQA Accredited · NQF Level 4 · 11 Credits
Duration	8 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply fundamental principles of tactical foot movement within a team context to ensure safety and coordination.
- Demonstrate effective communication signals and hand gestures during team movement.
- Analyze terrain and environmental factors to select appropriate movement formations and techniques.
- Evaluate team positioning and spacing to minimize risk and maximize situational awareness.
- Implement tactical movement drills that simulate real-world scenarios under controlled conditions.
- Respond appropriately to potential threats or obstacles while maintaining team integrity.

WHO SHOULD ATTEND

- Security personnel, tactical response teams, and any professionals who operate in high-risk environments requiring coordinated team movement.
- This course is ideal for individuals in private security, law enforcement, or military roles.

COURSE OUTLINE

Day 1: Fundamentals of Tactical Foot Movement

- Introduction to tactical movement concepts
- Team roles: point, slack, drag, and cover
- Hand and arm signals for silent communication
- Basic formations: single file, staggered file, wedge
- Principles of stealth and noise discipline
- Terrain appreciation and route selection
- Safety briefings and risk assessment
- Practical exercise: forming up and basic movement

Day 2: Team Formations and Transition Drills

- Review of Day 1 fundamentals
- Advanced formations: diamond, Y-formation, line abreast
- Transition drills: file to wedge, wedge to line
- Interval and spacing control techniques
- Use of terrain for cover and concealment
- Reaction to contact drills: immediate action drills
- Communication under stress
- Practical exercise: formation transitions

Day 3: Tactical Movement in Urban Environments

- Urban terrain analysis
- Moving along walls and through alleys
- Corner clearance techniques: pie-ing, slicing the pie
- Room entry basics: dynamic and deliberate entries
- Urban camouflage and concealment
- Noise and light discipline in built-up areas
- Communication in urban environments
- Practical exercise: urban movement course

Day 4: Movement in Open and Rural Terrain

- Open terrain movement: bounding overwatch, travelling overwatch
- Use of folds in the ground for cover
- Navigation techniques: map reading, compass use, GPS
- Crossing danger areas: roads, rivers, open spaces
- Camouflage and concealment in rural settings
- Team communication over distance
- Observation and listening halt drills
- Practical exercise: rural movement scenario

Day 5: Night and Low-Light Movement

- Night adaptation techniques: dark adaptation, red light use
- Use of night vision goggles (NVGs) and thermal devices
- Tactical light techniques: white light discipline
- Night movement formations and intervals
- Noise discipline and stealth at night

- Communication: light signals, infrared markers
- Navigation at night using landmarks and compass
- Practical exercise: night movement patrol

Day 6: Advanced Tactical Drills and Contact Drills

- Immediate action drills: contact front, contact flank, contact rear
- Break contact drills: bound away, peel, and extraction
- Fire and movement: bounding overwatch, fire teams
- Tactical combat casualty care basics: tourniquet, wound packing
- Casualty evacuation under fire
- Communication during contact: contact reports
- Reorganisation after contact
- Practical exercise: contact scenario with medical component

Day 7: Scenario-Based Team Movement Exercise

- Scenario brief: mission objectives, enemy situation
- Route planning and risk assessment
- Movement through mixed terrain (urban, rural)
- Reacting to ambush and sniper fire
- Navigating obstacles with time constraints
- Casualty evacuation and medical care
- After-action review (AAR) procedures
- Full-day practical exercise: tactical patrol mission

Day 8: Final Assessment and Integration

- Final exercise: multi-phase tactical movement operation
- Performance evaluation against unit standard criteria
- Team AAR: strengths, areas for improvement
- Individual feedback and coaching
- Review of key concepts and skills
- Written assessment (if required)
- Certification and unit standard credit awarding
- Course closure and next steps

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **11 NQF credits** at **NQF Level 4**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 30,700.00	R 30,700.00
1	In-House	R 39,900.00	R 39,900.00
1	On-Campus (Pretoria)	R 46,000.00	R 46,000.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	19 Aug 2026	On-Campus	Cape Town, South Africa
11 Aug 2026	20 Aug 2026	On-Campus	Dubai, UAE
12 Aug 2026	21 Aug 2026	On-Campus	Pretoria, South Africa
13 Aug 2026	24 Aug 2026	On-Campus	Abu Dhabi, UAE
14 Aug 2026	25 Aug 2026	On-Campus	Durban, South Africa
14 Aug 2026	25 Aug 2026	On-Campus	Mauritius
17 Aug 2026	26 Aug 2026	On-Campus	Harare, Zimbabwe
17 Aug 2026	26 Aug 2026	On-Campus	Dubai, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 115331) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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