



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aaticd.co.za · Website: www.aaticd.co.za

COURSE BROCHURE

Health And Hygiene Promotion In Sanitation Projects Training

Physical Planning and Construction / Civil Engineering Construction

Unit Standard 115894 · NQF Level 4 · 12 Credits · 9 Days

COURSE OVERVIEW

This course equips participants with the knowledge and skills to effectively promote health and hygiene practices within sanitation projects. It focuses on understanding the links between sanitation, hygiene, and public health, and enables learners to plan and implement health promotion activities in community-based sanitation initiatives.

Category	Physical Planning and Construction
Subfield	Civil Engineering Construction
Unit Standard	115894
Accreditation	SAQA Accredited · NQF Level 4 · 12 Credits
Duration	9 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply principles of health promotion to sanitation project contexts.
- Analyze the relationship between sanitation, hygiene, and disease transmission.
- Design health and hygiene promotion strategies tailored to community needs.
- Implement participatory methods to engage communities in hygiene behaviour change.
- Evaluate the effectiveness of health promotion activities in sanitation projects.
- Demonstrate understanding of ethical and cultural considerations in health promotion.

WHO SHOULD ATTEND

- This course is designed for project managers, community development workers, health promoters, and sanitation practitioners involved in planning, implementing, or monitoring sanitation projects in South African communities.

COURSE OUTLINE

Day 1: Introduction to Health and Hygiene in Sanitation

- Overview of sanitation challenges in South Africa.
- Health impacts of inadequate sanitation.
- Common diseases: diarrhoea, cholera, typhoid.
- Hygiene promotion as a preventative measure.
- Introduction to behaviour change models.
- The sanitation ladder and basic sanitation facilities.

Day 2: Understanding Hygiene Practices and Behaviour Change

- The F-diagram: faecal-oral transmission routes.
- Critical hygiene practices: handwashing with soap, safe water handling.
- Barriers to behaviour change: cultural, economic, social.
- Behaviour change theories: Health Belief Model, Transtheoretical Model.
- Community participation and ownership.
- Role of social norms and influencers.

Day 3: Planning and Designing Hygiene Promotion Programmes

- Steps in planning a hygiene promotion programme.
- Needs assessment tools: surveys, focus groups, observations.
- Stakeholder analysis and community mapping.
- Formulating SMART objectives.
- Selecting appropriate communication channels.
- Developing key messages for different audiences.

Day 4: Communication and Facilitation Skills for Hygiene Promotion

- Principles of effective communication.
- Active listening and questioning techniques.
- Facilitation methods: group discussions, role plays, demonstrations.
- Developing and using visual aids: flipcharts, models, posters.
- Addressing myths and misconceptions.
- Cultural sensitivity and gender considerations.

Day 5: Monitoring and Evaluation of Hygiene Promotion

- Introduction to M&E; in hygiene promotion.
- Developing logical frameworks.
- Process and outcome indicators.
- Data collection methods: surveys, observations, interviews.
- Data analysis and interpretation.
- Using M&E; for adaptive management.
- Reporting and feedback to communities.

Day 6: Sanitation Technologies and Hygiene Integration

- Types of sanitation systems: pit latrines, VIPs, flush toilets, ecological sanitation.
- Hygiene considerations for each technology.
- Operation and maintenance: cleaning, repairs, waste management.
- Safe disposal of child faeces.

- Solid waste management and hygiene.
- Integrating hygiene into construction phases.

Day 7: Water, Sanitation and Hygiene (WASH) in Special Settings

- WASH in schools: child-friendly facilities, hygiene education.
- WASH in healthcare facilities: infection prevention.
- Emergency WASH: cholera outbreaks, displacement camps.
- Menstrual hygiene management: facilities, materials, education.
- Hygiene for vulnerable groups.
- Hygiene promotion during outbreaks.

Day 8: Community-Led Total Sanitation (CLTS) and Behavioural Approaches

- History and principles of CLTS.
- Pre-triggering: community profiling.
- Triggering tools: transect walk, mapping, shit calculation.
- Follow-up and support for sanitation uptake.
- Critiques and adaptations of CLTS.
- Combining CLTS with hygiene promotion.
- Case studies from South Africa.

Day 9: Programme Integration, Sustainability and Final Assessment

- Linking hygiene with nutrition, education, and livelihoods.
- Sustainability strategies: local ownership, capacity building, financing.
- Advocacy for hygiene promotion.
- Developing a comprehensive action plan.
- Presentation of action plans.
- Peer and facilitator feedback.
- Course wrap-up and evaluation.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **12 NQF credits** at **NQF Level 4**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 33,300.00	R 33,300.00
1	In-House	R 43,300.00	R 43,300.00
1	On-Campus (Pretoria)	R 50,000.00	R 50,000.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	20 Aug 2026	On-Campus	Cape Town, South Africa
11 Aug 2026	21 Aug 2026	On-Campus	Dubai, UAE
12 Aug 2026	24 Aug 2026	On-Campus	Pretoria, South Africa
13 Aug 2026	25 Aug 2026	On-Campus	Abu Dhabi, UAE
14 Aug 2026	26 Aug 2026	On-Campus	Durban, South Africa
14 Aug 2026	26 Aug 2026	On-Campus	Mauritius
17 Aug 2026	27 Aug 2026	On-Campus	Harare, Zimbabwe
17 Aug 2026	27 Aug 2026	On-Campus	Dubai, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 115894) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza, 1122 Burnett St, Hatfield 0028, Pretoria, Gauteng, South Africa
Tel: +27 12 004 8389 · WhatsApp: +27 65 077 6310 · apply@aaticd.co.za · www.aaticd.co.za