



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aaticd.co.za · Website: www.aaticd.co.za

COURSE BROCHURE

Aligning Personal Lifestyle Choices With Biblical Values Training

Human and Social Studies / Religious and Ethical Foundations of Society

Unit Standard 115972 · NQF Level 2 · 3 Credits · 1 Day

COURSE OVERVIEW

This course equips learners with the knowledge and skills to align personal lifestyle choices with biblical values, fostering integrity and ethical decision-making in personal and professional contexts. Participants will explore key biblical principles and apply them to areas such as relationships, finances, health, and time management.

Category	Human and Social Studies
Subfield	Religious and Ethical Foundations of Society
Unit Standard	115972
Accreditation	SAQA Accredited · NQF Level 2 · 3 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply biblical principles to evaluate and adjust personal lifestyle choices in areas such as relationships, finances, and health.
- Analyze the impact of personal choices on spiritual growth and community well-being.
- Evaluate contemporary lifestyle trends against biblical values to make informed decisions.
- Design a personal action plan for aligning daily habits with biblical teachings.
- Demonstrate integrity and ethical consistency in personal and professional settings.
- Implement strategies for maintaining biblical values in challenging situations.

WHO SHOULD ATTEND

- This course is designed for individuals seeking to integrate biblical values into their daily lives, including professionals, students, and community members.
- It is suitable for those who wish to enhance their personal and spiritual growth while maintaining high ethical standards.

COURSE OUTLINE

Day 1: Integrating Biblical Values into Personal Lifestyle Choices

- Introduction to biblical worldview and values
- Scriptural basis for stewardship of body, time, and resources
- Evaluating current lifestyle choices against biblical standards
- Practical steps for integrating faith into health, finances, and relationships
- Overcoming common challenges in maintaining value-aligned choices
- Creating a personal accountability and reflection plan

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **3 NQF credits** at **NQF Level 2**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 9,400.00	R 9,400.00
1	In-House	R 12,200.00	R 12,200.00
1	On-Campus (Pretoria)	R 14,100.00	R 14,100.00

UPCOMING SESSIONS

Start	End	Method	Venue
21 Aug 2026	21 Aug 2026	On-Campus	Pretoria, South Africa
24 Aug 2026	24 Aug 2026	On-Campus	Durban, South Africa
25 Aug 2026	25 Aug 2026	On-Campus	Shenzhen, China
26 Aug 2026	26 Aug 2026	On-Campus	Harare, Zimbabwe
27 Aug 2026	27 Aug 2026	On-Campus	Bangkok, Thailand
28 Aug 2026	28 Aug 2026	On-Campus	Victoria Falls, Zimbabwe
28 Aug 2026	28 Aug 2026	On-Campus	Abu Dhabi, UAE
31 Aug 2026	31 Aug 2026	On-Campus	Shenzhen, China

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 115972) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza, 1122 Burnett St, Hatfield 0028, Pretoria, Gauteng, South Africa
Tel: +27 12 004 8389 · WhatsApp: +27 65 077 6310 · apply@aaticd.co.za · www.aaticd.co.za