



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Facilitating Christian HIV AIDS Response Programmes Training

Human and Social Studies / Religious and Ethical Foundations of Society

Unit Standard 115994 · NQF Level 5 · 12 Credits · 9 Days

COURSE OVERVIEW

This course equips facilitators with the knowledge and skills to design and implement Christian-based HIV/AIDS response programmes. It integrates biblical principles with public health strategies to promote prevention, care, and support within faith communities.

Category	Human and Social Studies
Subfield	Religious and Ethical Foundations of Society
Unit Standard	115994
Accreditation	SAQA Accredited · NQF Level 5 · 12 Credits
Duration	9 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply biblical and theological frameworks to HIV/AIDS response programmes.
- Analyze the socio-cultural and spiritual factors influencing HIV/AIDS in South African communities.
- Design a Christian HIV/AIDS response programme that includes prevention, care, and support components.
- Implement strategies for stigma reduction and compassionate ministry to people living with HIV.
- Demonstrate effective facilitation skills for training volunteers and community health workers.
- Evaluate the impact of faith-based HIV/AIDS programmes using appropriate monitoring tools.

WHO SHOULD ATTEND

- This course is designed for pastors, church leaders, lay counsellors, and Christian community workers who are involved in or wish to start HIV/AIDS response initiatives within their congregations or communities.

COURSE OUTLINE

Day 1: Understanding HIV/AIDS and the Christian Response

- Medical overview of HIV/AIDS: virology, transmission, progression.
- Biblical foundations for caring for the sick and marginalized.
- Stigma and discrimination: causes, effects, and biblical responses.
- The church as a healing community: historical and contemporary roles.
- Introduction to the HIV/AIDS epidemic in South Africa.

Day 2: Christian Ethics and HIV/AIDS

- Ethical principles in healthcare: autonomy, beneficence, justice.
- Christian ethics: love, grace, truth, and reconciliation.
- Confidentiality and disclosure in HIV contexts.
- Addressing judgmental attitudes and promoting acceptance.
- Sexual ethics and HIV prevention: abstinence, fidelity, and condom use.

Day 3: HIV Prevention and Behaviour Change Communication

- Overview of prevention: biomedical, behavioural, structural.
- ABC approach: Abstinence, Being faithful, Condom use.
- Pre-exposure prophylaxis (PrEP) and post-exposure prophylaxis (PEP).
- Prevention of mother-to-child transmission (PMTCT).
- Behaviour change theories: Health Belief Model, Stages of Change.
- Crafting messages for diverse audiences: youth, couples, men.

Day 4: HIV Testing, Counselling, and Disclosure

- Types of HIV tests: rapid, PCR, ELISA; window period.
- Voluntary counselling and testing (VCT) vs. provider-initiated testing.
- Pre-test counselling: informed consent, risk assessment.
- Post-test counselling: results delivery, coping strategies.
- Disclosure: benefits, risks, and supported disclosure.
- Partner notification and couples counselling.

Day 5: Care and Support for People Living with HIV (PLWHIV)

- Holistic care: physical, emotional, social, spiritual.
- Antiretroviral therapy: basics, adherence, side effects.
- Nutrition and HIV: dietary guidelines and food security.
- Psychosocial support: grief, depression, and resilience.
- Support group facilitation: structure, topics, and ground rules.
- Palliative care and end-of-life issues.

Day 6: Orphans and Vulnerable Children (OVC) and Family Support

- Impact of HIV/AIDS on children: orphanhood, trauma, education.
- Legal and policy frameworks for OVC in South Africa.
- Community-based care models: home visits, after-school programmes.
- Psychosocial support for children: play therapy, counselling.
- Family strengthening: income generation, parenting skills.
- Succession planning and will writing for parents with HIV.

Day 7: Mobilising Church and Community Resources

- Asset-based community development (ABCD) approach.
- Volunteer recruitment, training, and retention.
- Fundraising: grant writing, donations, and in-kind contributions.
- Partnerships: referral networks, memoranda of understanding.
- Monitoring and evaluation: indicators, data collection, reporting.
- Sustainability planning: income generation, local ownership.

Day 8: Advocacy, Stigma Reduction, and Human Rights

- Human rights framework: dignity, non-discrimination, access to care.
- Stigma reduction strategies: education, contact, and advocacy.
- Faith-based advocacy: speaking out from the pulpit and community.
- Policy landscape: South African National Strategic Plan, UNAIDS targets.
- Empowering PLWHIV: support groups, leadership training.
- Engaging media and social media for advocacy.

Day 9: Programme Planning, Implementation, and Integration

- Steps in programme planning: needs assessment, goal setting, action plans.
- Integrating HIV into church life: sermons, youth groups, weddings.
- Case studies of successful faith-based HIV programmes.
- Presentation of participant-developed plans.
- Self-care for caregivers: preventing burnout and compassion fatigue.
- Networking and continuing education opportunities.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **12 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 35,000.00	R 35,000.00
1	In-House	R 45,500.00	R 45,500.00
1	On-Campus (Pretoria)	R 52,500.00	R 52,500.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	20 Aug 2026	On-Campus	Dubai, UAE
11 Aug 2026	21 Aug 2026	On-Campus	Pretoria, South Africa
12 Aug 2026	24 Aug 2026	On-Campus	Abu Dhabi, UAE
13 Aug 2026	25 Aug 2026	On-Campus	Durban, South Africa
13 Aug 2026	25 Aug 2026	On-Campus	Mauritius
14 Aug 2026	26 Aug 2026	On-Campus	Cape Town, South Africa
17 Aug 2026	27 Aug 2026	On-Campus	Pretoria, South Africa
18 Aug 2026	28 Aug 2026	On-Campus	Abu Dhabi, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 115994) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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