



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aaticd.co.za · Website: www.aaticd.co.za

COURSE BROCHURE

Biblical And Modern Wisdom Analysis For Personal Development Training

Human and Social Studies / Religious and Ethical Foundations of Society

Unit Standard 116015 · NQF Level 5 · 12 Credits · 9 Days

COURSE OVERVIEW

This course empowers learners to draw practical life and work lessons from both biblical narratives and modern wisdom literature. Participants will develop critical thinking and self-reflection skills to enhance personal growth, ethical decision-making, and interpersonal effectiveness.

Category	Human and Social Studies
Subfield	Religious and Ethical Foundations of Society
Unit Standard	116015
Accreditation	SAQA Accredited · NQF Level 5 · 12 Credits
Duration	9 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply analytical frameworks to compare and contrast biblical wisdom with modern self-help and leadership principles.
- Analyze selected biblical passages and contemporary texts to extract actionable insights for personal growth.
- Evaluate the relevance and applicability of wisdom traditions in diverse workplace and life contexts.
- Design a personal development plan integrating key lessons from both biblical and modern wisdom sources.
- Demonstrate improved self-awareness and ethical reasoning through reflective exercises and group discussions.

WHO SHOULD ATTEND

- This course is designed for professionals, managers, and individuals seeking to deepen their personal development through comparative analysis of ancient and contemporary wisdom sources.

COURSE OUTLINE

Day 1: Foundations of Wisdom Literature

- Introduction to wisdom: biblical vs. modern perspectives.
- Overview of biblical wisdom literature: Proverbs, Ecclesiastes, Job.
- Key themes: order, justice, suffering, and meaning.
- Modern wisdom sources: stoicism, positive psychology, mindfulness.
- The fear of the Lord: reverence and humility as foundations.
- Group discussion: personal definitions of wisdom.

Day 2: Proverbs – Practical Wisdom for Daily Living

- Structure and purpose of the book of Proverbs.
- Thematic clusters: diligence, integrity, discipline, kindness.
- Speech and conflict resolution: 'a gentle answer turns away wrath'.
- Case studies: applying Proverbs to workplace ethics and team dynamics.
- Limitations of proverbs: context and exceptions.
- Activity: writing a modern proverb.

Day 3: Ecclesiastes – Navigating Life's Vanities

- The Teacher's quest for meaning under the sun.
- The limitations of wealth, pleasure, and achievement.
- Embracing the seasons of life: a time for everything.
- Modern parallels: burnout, consumerism, and existential angst.
- Practical wisdom: joy, work, and community as gifts.
- Reflection exercise: personal 'vanities' and priorities.

Day 4: Job – Suffering, Faith, and Resilience

- The narrative structure of Job: testing, dialogue, and restoration.
- The friends' arguments: retribution theology vs. mystery.
- Job's lament: honesty in suffering.
- Modern perspectives: trauma, grief, and resilience.
- The role of community in bearing burdens.
- Activity: writing a lament for a contemporary issue.

Day 5: Modern Wisdom Frameworks

- Stoicism: control, virtue, and acceptance.
- Mindfulness: present-moment awareness and non-judgment.
- Positive psychology: strengths, gratitude, and flourishing.
- Comparative analysis: overlapping themes and tensions.
- Critiques: secular vs. spiritual foundations.
- Group activity: creating a blended wisdom model.

Day 6: Emotional Intelligence and Wisdom

- The four domains of EQ: self-awareness, self-management, social awareness, relationship management.
- Biblical parallels: 'slow to anger', 'rejoice with those who rejoice'.
- Emotional regulation: wisdom in the heat of the moment.
- Empathy and compassion: the Good Samaritan paradigm.
- Role-play: handling a conflict with EQ and wisdom.

- Personal action plan for EQ growth.

Day 7: Decision-Making and Ethical Wisdom

- Biblical models: seeking counsel, casting lots, testing spirits.
- Modern models: rational, intuitive, and ethical decision-making.
- Ethical frameworks: deontology, utilitarianism, virtue ethics.
- Case studies: workplace ethics, personal integrity.
- The wisdom of community: collective discernment.
- Activity: solving an ethical dilemma in small groups.

Day 8: Wisdom in Relationships and Leadership

- Relationship wisdom: humility, forgiveness, and boundaries.
- Biblical leadership: Jesus as servant leader, Moses as delegate.
- Modern leadership theories: transformational, authentic, adaptive.
- Conflict resolution: biblical and contemporary approaches.
- The role of mentorship and accountability.
- Activity: drafting a personal leadership philosophy.

Day 9: Integration and Personal Development Plan

- Review of key insights from the course.
- Creating a personal wisdom framework: values, practices, resources.
- Goal setting: SMART goals aligned with wisdom principles.
- Accountability structures: friends, journals, routines.
- Overcoming obstacles: relapse, doubt, and discouragement.
- Final presentations and peer feedback.
- Course evaluation and certification.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **12 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 35,000.00	R 35,000.00
1	In-House	R 45,500.00	R 45,500.00
1	On-Campus (Pretoria)	R 52,500.00	R 52,500.00

UPCOMING SESSIONS

Start	End	Method	Venue
06 Jul 2026	16 Jul 2026	On-Campus	Kigali, Rwanda
07 Jul 2026	17 Jul 2026	On-Campus	Kinshasa, DRC
08 Jul 2026	20 Jul 2026	On-Campus	Kampala, Uganda
08 Jul 2026	20 Jul 2026	On-Campus	Mbabane, Eswatini
09 Jul 2026	21 Jul 2026	On-Campus	Mombasa, Kenya
10 Jul 2026	22 Jul 2026	On-Campus	Luanda, Angola
13 Jul 2026	23 Jul 2026	On-Campus	Kinshasa, DRC
14 Jul 2026	24 Jul 2026	On-Campus	Kampala, Uganda

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

- 1. Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 116015) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
- 2. Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
- 3. Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
- 4. Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

Accredited Africa Training Institute for Capacity Development
Unit FO409, Hatfield Plaza, 1122 Burnett St, Hatfield 0028, Pretoria, Gauteng, South Africa
Tel: +27 12 004 8389 · WhatsApp: +27 65 077 6310 · apply@aaticd.co.za · www.aaticd.co.za