



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aaticd.co.za · Website: www.aaticd.co.za

COURSE BROCHURE

Primary Emergency Care For Bleeding And Wounds Training

Health Sciences and Social Services / Preventive Health

Unit Standard 116496 · NQF Level 3 · 1 Credits · 1 Day

COURSE OVERVIEW

This course equips learners with the essential knowledge and practical skills to provide primary emergency care for bleeding and wounds. Participants will learn to assess, manage, and stabilise bleeding and wound injuries in emergency situations, ensuring appropriate care until professional medical help arrives.

Category	Health Sciences and Social Services
Subfield	Preventive Health
Unit Standard	116496
Accreditation	SAQA Accredited · NQF Level 3 · 1 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Demonstrate the ability to assess an emergency scene for safety and identify bleeding and wound types.
- Apply appropriate first aid techniques to control bleeding and manage wounds.
- Evaluate the severity of bleeding and wounds to prioritise treatment.
- Implement infection prevention measures during wound care.
- Demonstrate correct application of dressings and bandages.
- Communicate effectively with emergency medical services and bystanders during an incident.

WHO SHOULD ATTEND

- This course is designed for employees in high-risk workplaces, first aiders, safety representatives, and any individual seeking to gain competency in emergency bleeding and wound management.

COURSE OUTLINE

Day 1: Primary Emergency Care for Bleeding and Wounds

- Scene safety and assessment (including universal precautions).
- Anatomy of the skin and types of wounds (abrasions, lacerations, punctures, avulsions).
- Classification of bleeding (arterial, venous, capillary).
- Direct pressure, elevation, and pressure points for bleeding control.
- Application of sterile dressings and bandages (roller, triangular, adhesive).
- Use of tourniquets and haemostatic agents.
- Infection prevention and wound cleaning.
- Referral protocols and documentation.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **1 NQF credits** at **NQF Level 3**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 12,800.00	R 12,800.00
1	In-House	R 16,600.00	R 16,600.00
1	On-Campus (Pretoria)	R 19,200.00	R 19,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	10 Aug 2026	On-Campus	Durban, South Africa
10 Aug 2026	10 Aug 2026	On-Campus	Mauritius
11 Aug 2026	11 Aug 2026	On-Campus	Cape Town, South Africa
12 Aug 2026	12 Aug 2026	On-Campus	Dubai, UAE
13 Aug 2026	13 Aug 2026	On-Campus	Pretoria, South Africa
14 Aug 2026	14 Aug 2026	On-Campus	Abu Dhabi, UAE
17 Aug 2026	17 Aug 2026	On-Campus	Shenzhen, China
18 Aug 2026	18 Aug 2026	On-Campus	Dubai, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 116496) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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