



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Workplace First Aid For Shock Unconsciousness And Fainting Training

Health Sciences and Social Services / Preventive Health

Unit Standard 116497 · NQF Level 3 · 1 Credits · 1 Day

COURSE OVERVIEW

This course equips learners with the knowledge and practical skills to recognise and provide first aid for shock, unconsciousness, and fainting in the workplace. It ensures compliance with South African occupational health and safety regulations while promoting a safer work environment.

Category	Health Sciences and Social Services
Subfield	Preventive Health
Unit Standard	116497
Accreditation	SAQA Accredited · NQF Level 3 · 1 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Demonstrate the ability to assess a casualty for signs and symptoms of shock, unconsciousness, and fainting.
- Apply appropriate first aid procedures for managing shock, including positioning and temperature control.
- Implement the recovery position and airway management for an unconscious casualty.
- Evaluate the causes of fainting and provide effective first aid to prevent further injury.
- Demonstrate correct emergency response protocols, including calling for medical assistance and documenting incidents.

WHO SHOULD ATTEND

- All employees, supervisors, and designated first aiders in any workplace setting who may need to respond to medical emergencies involving shock, unconsciousness, or fainting.

COURSE OUTLINE

Day 1: Foundational Knowledge and Practical Skills for Shock, Unconsciousness, and Fainting

- Introduction to shock: causes, types, and progression.
- First aid for shock: positioning, temperature management, and monitoring.
- Unconsciousness: causes, assessment (AVPU scale), and recovery position.
- Fainting (syncope): triggers, recognition, and immediate care.
- Practical demonstration and simulation of scenarios.
- Legal and ethical considerations in first aid.
- Infection control and barrier use.
- Emergency action principles and activating EMS.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **1 NQF credits** at **NQF Level 3**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 12,800.00	R 12,800.00
1	In-House	R 16,600.00	R 16,600.00
1	On-Campus (Pretoria)	R 19,200.00	R 19,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
11 Aug 2026	11 Aug 2026	On-Campus	Durban, South Africa
11 Aug 2026	11 Aug 2026	On-Campus	Mauritius
12 Aug 2026	12 Aug 2026	On-Campus	Cape Town, South Africa
13 Aug 2026	13 Aug 2026	On-Campus	Dubai, UAE
14 Aug 2026	14 Aug 2026	On-Campus	Pretoria, South Africa
17 Aug 2026	17 Aug 2026	On-Campus	Durban, South Africa
18 Aug 2026	18 Aug 2026	On-Campus	Shenzhen, China
19 Aug 2026	19 Aug 2026	On-Campus	Dubai, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 116497) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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