



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Primary Emergency Life Support First Aid Training

Health Sciences and Social Services / Preventive Health

Unit Standard 116509 · NQF Level 1 · 2 Credits · 1 Day

COURSE OVERVIEW

This course equips learners with the essential knowledge and practical skills to provide primary emergency life support in the workplace and community. Participants will learn to assess emergency situations, perform CPR, manage bleeding, and stabilize casualties until professional medical help arrives. The training aligns with SAQA Unit Standard 116509 and promotes a culture of safety and preparedness.

Category	Health Sciences and Social Services
Subfield	Preventive Health
Unit Standard	116509
Accreditation	SAQA Accredited · NQF Level 1 · 2 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Demonstrate the ability to assess an emergency scene and ensure personal and casualty safety.
- Apply cardiopulmonary resuscitation (CPR) techniques for adults, children, and infants.
- Manage bleeding, shock, and fractures using appropriate first aid procedures.
- Evaluate and respond to common medical emergencies such as choking, burns, and poisoning.
- Implement proper casualty handling, including recovery position and transportation.
- Analyze emergency situations to prioritize treatment and call for advanced medical support.

WHO SHOULD ATTEND

- This course is designed for employees in any industry who may be required to respond to medical emergencies, including safety representatives, supervisors, and general staff.
- It is also suitable for individuals seeking foundational first aid skills for personal or community use.

COURSE OUTLINE

Day 1: Primary Emergency Life Support First Aid Training

- Introduction to first aid and the legal requirements in South Africa
- Scene safety, assessment, and universal precautions
- Primary survey and basic life support (CPR) for adults, children, and infants
- Management of airway obstruction (choking)
- Control of bleeding and wound management
- Shock recognition and management
- First aid for fractures, burns, and poisoning
- Practical scenarios and assessment

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **2 NQF credits** at **NQF Level 1**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 12,800.00	R 12,800.00
1	In-House	R 16,600.00	R 16,600.00
1	On-Campus (Pretoria)	R 19,200.00	R 19,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	10 Aug 2026	On-Campus	Dubai, UAE
11 Aug 2026	11 Aug 2026	On-Campus	Pretoria, South Africa
12 Aug 2026	12 Aug 2026	On-Campus	Abu Dhabi, UAE
13 Aug 2026	13 Aug 2026	On-Campus	Durban, South Africa
13 Aug 2026	13 Aug 2026	On-Campus	Mauritius
14 Aug 2026	14 Aug 2026	On-Campus	Cape Town, South Africa
17 Aug 2026	17 Aug 2026	On-Campus	Pretoria, South Africa
18 Aug 2026	18 Aug 2026	On-Campus	Abu Dhabi, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 116509) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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