



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Workplace First Aid Treatment For Beginners Training

Health Sciences and Social Services / Preventive Health

Unit Standard 116534 · NQF Level 3 · 2 Credits · 1 Day

COURSE OVERVIEW

This course provides foundational knowledge and practical skills for administering first aid in the workplace. Participants will learn to assess emergency situations, perform basic life support, and manage common injuries until professional medical help arrives.

Category	Health Sciences and Social Services
Subfield	Preventive Health
Unit Standard	116534
Accreditation	SAQA Accredited · NQF Level 3 · 2 Credits
Duration	1 day
Training Method	In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply the principles of emergency scene management and primary survey techniques.
- Demonstrate cardiopulmonary resuscitation (CPR) for adults, children, and infants.
- Implement basic wound care, including control of bleeding and dressing application.
- Analyze common workplace injuries such as fractures, burns, and choking to determine appropriate first aid treatment.
- Evaluate the need for emergency medical services and communicate effectively with emergency personnel.
- Demonstrate the correct use of first aid equipment and materials in a simulated workplace scenario.

WHO SHOULD ATTEND

- This course is designed for all employees in any workplace setting, particularly those with no prior first aid training.
- It is ideal for new hires, safety representatives, and team leaders who may be first responders in an emergency.

COURSE OUTLINE

Day 1: Introduction to Workplace First Aid and Emergency Response

- Legal framework: OHSA, Compensation for Occupational Injuries and Diseases Act (COIDA), and SAQA unit standard 116534.
- Role and responsibilities of a first aider.
- Primary survey (DRABC) and secondary survey.
- Cardiopulmonary resuscitation (CPR) for adults.
- Management of bleeding, wounds, and shock.
- Fractures, sprains, and strains: immobilisation techniques.
- Burns and scalds: classification and treatment.
- Emergency scene management and communication.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **2 NQF credits** at **NQF Level 3**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 12,800.00	R 12,800.00
1	In-House	R 16,600.00	R 16,600.00
1	On-Campus (Pretoria)	R 19,200.00	R 19,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
19 Aug 2026	19 Aug 2026	In-House	—
10 Sep 2026	10 Sep 2026	In-House	—
25 Sep 2026	25 Sep 2026	In-House	—
05 Oct 2026	05 Oct 2026	In-House	—
20 Oct 2026	20 Oct 2026	In-House	—
04 Nov 2026	04 Nov 2026	In-House	—
19 Nov 2026	19 Nov 2026	In-House	—
07 Dec 2026	07 Dec 2026	In-House	—

Contact us if no suitable date is listed — on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 116534) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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