



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Child Care Support For Families In South Africa Training

Human and Social Studies / Religious and Ethical Foundations of Society

Unit Standard 116762 · NQF Level 4 · 10 Credits · 7 Days

COURSE OVERVIEW

This course equips learners with the knowledge and skills to provide effective child care support to families in South Africa. It covers the principles of child development, health and safety, and family-centered care, enabling participants to assist families in creating nurturing environments for children.

Category	Human and Social Studies
Subfield	Religious and Ethical Foundations of Society
Unit Standard	116762
Accreditation	SAQA Accredited · NQF Level 4 · 10 Credits
Duration	7 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply principles of child development to support age-appropriate care in family settings.
- Demonstrate understanding of health, safety, and nutrition requirements for children in South Africa.
- Implement family-centered support strategies that respect cultural diversity and individual needs.
- Analyze common challenges faced by families and propose practical child care solutions.
- Evaluate the impact of community resources and social services on family child care support.
- Design a basic child care support plan for a family, incorporating relevant legislation and ethical guidelines.

WHO SHOULD ATTEND

- This course is ideal for child care workers, community health workers, social auxiliary workers, and anyone involved in supporting families with young children in South Africa.

COURSE OUTLINE

Day 1: Foundations of Child Care in the South African Context

- Overview of the Children's Act (Act 38 of 2005) and relevant policies.
- The role of the child care provider: responsibilities and boundaries.
- Family diversity in South Africa: nuclear, extended, single-parent, and child-headed households.
- Ethical considerations: confidentiality, consent, and professional conduct.
- Introduction to Unit Standard 116762 and its outcomes.
- The importance of child development stages in care planning.

Day 2: Child Development and Early Childhood Care

- Developmental domains: physical, cognitive, language, social, and emotional.
- Milestones for infants, toddlers, and preschoolers.
- Impact of nutrition, poverty, and environment on development.
- Designing stimulating play and learning activities.
- Observation and documentation of developmental progress.
- Early identification of developmental delays and referral pathways.

Day 3: Health, Safety, and Nutrition in Child Care Settings

- Creating a safe environment: hazard identification and prevention.
- Basic first aid for children: choking, burns, falls, and allergic reactions.
- Nutrition guidelines: balanced diets, food groups, and feeding schedules.
- Common childhood illnesses: symptoms, prevention, and when to seek medical help.
- Hygiene practices: handwashing, nappy changing, and food preparation.
- Emergency planning: fire drills, evacuation, and emergency contacts.

Day 4: Supporting Children with Special Needs and Vulnerabilities

- Types of disabilities: physical, sensory, intellectual, and learning disabilities.
- Inclusive care strategies: adapting activities and environments.
- Child abuse and neglect: signs, types, and reporting obligations.
- Trauma-informed care: understanding the effects of trauma.
- Supporting children affected by HIV/AIDS, poverty, and family disruption.
- Collaboration with support services and social workers.

Day 5: Family Engagement and Communication

- Principles of effective communication: active listening, empathy, and clarity.
- Conducting parent meetings and sharing developmental updates.
- Involving families in daily routines and special events.
- Strategies for engaging diverse families: respecting cultural practices.
- Handling difficult conversations: addressing concerns and conflicts.
- Referral to community resources: early intervention, social services, and support groups.

Day 6: Program Planning and Daily Routines

- Structuring the day: arrival, meals, play, rest, and departure.
- Activity planning: sensory play, art, music, stories, and outdoor time.
- Positive behaviour guidance: setting limits, redirection, and problem-solving.
- Managing transitions smoothly to reduce stress.
- Observation and documentation for program improvement.

- Record keeping: attendance, incidents, and developmental notes.

Day 7: Integration, Assessment, and Professional Development

- Review of key concepts and integration into practice.
- Practical assessment: case studies and role plays.
- Completing required documentation for unit standard evidence.
- Self-reflection and peer feedback on care practices.
- Resources for continued learning: workshops, online courses, and networks.
- Career pathways in child care in South Africa.
- Course evaluation and certificate preparation.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **10 NQF credits** at **NQF Level 4**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 20,700.00	R 20,700.00
1	In-House	R 26,900.00	R 26,900.00
1	On-Campus (Pretoria)	R 31,000.00	R 31,000.00

UPCOMING SESSIONS

Start	End	Method	Venue
21 Aug 2026	31 Aug 2026	On-Campus	Pretoria, South Africa
24 Aug 2026	01 Sep 2026	On-Campus	Durban, South Africa
25 Aug 2026	02 Sep 2026	On-Campus	Shenzhen, China
26 Aug 2026	03 Sep 2026	On-Campus	Harare, Zimbabwe
27 Aug 2026	04 Sep 2026	On-Campus	Bangkok, Thailand
28 Aug 2026	07 Sep 2026	On-Campus	Victoria Falls, Zimbabwe
28 Aug 2026	07 Sep 2026	On-Campus	Abu Dhabi, UAE
31 Aug 2026	08 Sep 2026	On-Campus	Shenzhen, China

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 116762) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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