



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

HIV And AIDS Awareness For Everyday Life Applications Training

Health Sciences and Social Services / Promotive Health and Developmental Services

Unit Standard 116999 · NQF Level 1 · 2 Credits · 1 Day

COURSE OVERVIEW

This course is designed to equip individuals with comprehensive knowledge and practical skills to understand, prevent, and manage HIV and AIDS in everyday life. It aims to reduce stigma, promote safe practices, and support affected individuals in personal and community settings.

Category	Health Sciences and Social Services
Subfield	Promotive Health and Developmental Services
Unit Standard	116999
Accreditation	SAQA Accredited · NQF Level 1 · 2 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply knowledge of HIV transmission, prevention, and treatment to promote health and reduce risk in personal and community contexts.
- Analyze the impact of HIV and AIDS on individuals, families, and communities, including social, economic, and psychological effects.
- Evaluate common myths and misconceptions about HIV and AIDS, and demonstrate factual understanding to combat stigma.
- Demonstrate appropriate support and communication strategies for interacting with people living with HIV and AIDS.
- Implement personal and community-based prevention measures, including safe sex practices and voluntary testing.
- Design an action plan to promote HIV awareness and support within a specific community or workplace setting.

WHO SHOULD ATTEND

- This course is suitable for all adults in South Africa, including employees, community members, and students, who seek to enhance their awareness and ability to respond effectively to HIV and AIDS in daily life.

COURSE OUTLINE

Day 1: Foundational HIV and AIDS Awareness for Everyday Life

- What is HIV? Difference between HIV and AIDS.
- How HIV affects the immune system: CD4 cells and viral load.
- Modes of transmission: blood, sexual contact, mother-to-child, and sharing needles.
- Prevention methods: condom use, PrEP, PEP, and safe practices.
- Myths and misconceptions about HIV transmission.
- Stigma and discrimination: causes, effects, and ways to combat them.
- Living with HIV: treatment options (ART) and adherence.
- Where to get tested, treatment, and support in South Africa.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **2 NQF credits** at **NQF Level 1**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 12,800.00	R 12,800.00
1	In-House	R 16,600.00	R 16,600.00
1	On-Campus (Pretoria)	R 19,200.00	R 19,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	10 Aug 2026	On-Campus	Abu Dhabi, UAE
11 Aug 2026	11 Aug 2026	On-Campus	Durban, South Africa
11 Aug 2026	11 Aug 2026	On-Campus	Mauritius
12 Aug 2026	12 Aug 2026	On-Campus	Cape Town, South Africa
13 Aug 2026	13 Aug 2026	On-Campus	Dubai, UAE
14 Aug 2026	14 Aug 2026	On-Campus	Pretoria, South Africa
17 Aug 2026	17 Aug 2026	On-Campus	Durban, South Africa
18 Aug 2026	18 Aug 2026	On-Campus	Shenzhen, China

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 116999) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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