



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Guide Blind And Partially Sighted People Through Environments Training

Education, Training and Development / Adult Learning

Unit Standard 117093 · NQF Level 5 · 15 Credits · 12 Days

COURSE OVERVIEW

This course equips learners with the skills and knowledge to safely and respectfully guide blind and partially sighted people through various environments. It covers communication techniques, mobility assistance, and environmental awareness to ensure inclusive and effective support.

Category	Education, Training and Development
Subfield	Adult Learning
Unit Standard	117093
Accreditation	SAQA Accredited · NQF Level 5 · 15 Credits
Duration	12 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Demonstrate effective communication techniques when interacting with blind or partially sighted individuals.
- Apply appropriate guiding techniques to safely navigate indoor and outdoor environments.
- Analyze environmental barriers and implement strategies to overcome them.
- Evaluate the specific needs of blind and partially sighted persons to provide tailored assistance.
- Implement ethical guidelines and respect the independence of individuals with visual impairments.
- Assess and adapt guiding methods for different contexts, such as crowded spaces or unfamiliar routes.

WHO SHOULD ATTEND

- This course is ideal for individuals who may need to assist blind or partially sighted persons in public or private settings, including customer service staff, healthcare workers, hospitality professionals, and community volunteers.

COURSE OUTLINE

Day 1: Understanding Blindness and Partial Sight

- Medical vs functional definitions of blindness and partial sight
- Causes: congenital, acquired, age-related
- Degrees of vision loss and their practical implications
- The role of the guide: responsibilities and boundaries
- Ethical considerations: dignity, independence, consent

Day 2: Communication and Rapport Building

- Verbal cues: clear, descriptive instructions
- Non-verbal communication adapted for visual impairment
- Active listening and confirming understanding
- Building rapport: respect, patience, empathy
- Avoiding assumptions: asking before acting

Day 3: Guiding Techniques – Basic

- The standard sighted guide position: grip, distance, pace
- Negotiating doorways: leading with the body
- Narrow passages: guide behind
- Stairs: verbal cues for up/down, handrail use
- Seating: guiding to a chair

Day 4: Guiding Techniques – Intermediate

- Indoor navigation: corridors, lifts, revolving doors
- Obstacles: low-hanging objects, uneven surfaces
- Public transport: bus, taxi, train boarding
- Adaptations for children, elderly, and people with additional disabilities

Day 5: Guiding in Outdoor and Public Spaces

- Street crossings: zebra, traffic lights, roundabouts
- Tactile paving: blister, corduroy, warning strips
- Auditory signals: pedestrian lights, vehicle sounds
- Crowded spaces: shopping centres, markets
- Environmental hazards: construction, poles, bins

Day 6: Assisting with Daily Living Activities

- Dining: plate orientation, pouring liquids, cutting food
- Retail: describing products, handling money
- Service counters: ordering, queuing
- Personal care: dressing, grooming (if required)
- Preserving independence: letting the person do what they can

Day 7: Orientation and Mobility Principles

- Orientation: cardinal directions, landmarks, sun position
- Mobility aids: long cane, guide dog etiquette
- Route planning: familiarisation, verbal mapping
- Mental mapping and spatial awareness
- Safety: knowing when to intervene

Day 8: Technology and Adaptive Tools

- Screen readers: VoiceOver, TalkBack
- Magnification and contrast settings
- Navigation apps: Seeing AI, Google Maps
- Talking devices: watches, thermometers
- Integrating technology with guiding

Day 9: Emergency Procedures and First Aid

- Fire, earthquake, and medical emergencies
- Evacuation procedures: verbal instructions, physical guidance
- First aid basics: cuts, falls, shock
- Communicating with emergency personnel
- Post-emergency support and reassurance

Day 10: Legal, Ethical, and Social Context

- SA legislation: The Constitution, Promotion of Equality Act
- Disability rights and advocacy
- Ethical dilemmas: consent, privacy, independence
- Social inclusion: attitudes, language, stereotypes
- Accessibility standards: SANS 10400

Day 11: Advanced Guiding and Complex Scenarios

- Unfamiliar environments: airports, hospitals, museums
- Group guiding: tandem, chain techniques
- Travel: hotel rooms, unfamiliar bathrooms
- Communication breakdowns: reorientation strategies
- Dealing with unexpected obstacles

Day 12: Practical Integration and Assessment

- Simulated guided walk: indoor and outdoor
- Assessment: practical demonstration, oral questioning
- Self-evaluation and peer feedback
- Action plan: resources, networks, further training
- Certification requirements and next steps

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **15 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 43,000.00	R 43,000.00
1	In-House	R 56,000.00	R 56,000.00
1	On-Campus (Pretoria)	R 64,600.00	R 64,600.00

UPCOMING SESSIONS

Start	End	Method	Venue
18 Jun 2026	03 Jul 2026	On-Campus	Maseru, Lesotho
18 Jun 2026	03 Jul 2026	On-Campus	Online
19 Jun 2026	06 Jul 2026	On-Campus	Nairobi, Kenya
19 Jun 2026	06 Jul 2026	On-Campus	Blantyre, Malawi
22 Jun 2026	07 Jul 2026	On-Campus	Mombasa, Kenya
22 Jun 2026	07 Jul 2026	On-Campus	Windhoek, Namibia
23 Jun 2026	08 Jul 2026	In-House	—
24 Jun 2026	09 Jul 2026	On-Campus	Maseru, Lesotho

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

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