



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aaticd.co.za · Website: www.aaticd.co.za

COURSE BROCHURE

Understanding Salah Prayer Islamic Worship Practices Training

Human and Social Studies / Religious and Ethical Foundations of Society

Unit Standard 117097 · NQF Level 1 · 6 Credits · 3 Days

COURSE OVERVIEW

This course provides a comprehensive understanding of Salah (Islamic prayer) as a core act of worship in Islam. Learners will gain knowledge of the spiritual, physical, and procedural aspects of Salah, enabling them to perform it correctly and appreciate its significance in daily life.

Category	Human and Social Studies
Subfield	Religious and Ethical Foundations of Society
Unit Standard	117097
Accreditation	SAQA Accredited · NQF Level 1 · 6 Credits
Duration	3 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Demonstrate the correct performance of Salah, including its physical movements and recitations.
- Analyze the spiritual significance and benefits of Salah in Islamic worship.
- Apply the conditions, pillars, and obligatory acts of Salah in practice.
- Evaluate common errors in Salah and implement corrective measures.
- Implement the rules for making up missed prayers and performing congregational Salah.
- Design a personal routine for consistent and mindful Salah practice.

WHO SHOULD ATTEND

- This course is designed for individuals seeking to deepen their understanding of Islamic worship practices, including new Muslims, those wishing to refresh their knowledge, and professionals in interfaith or community roles.

COURSE OUTLINE

Day 1: Foundations of Salah – Understanding the Pillar of Prayer

- Introduction to Islamic worship: Salah as a spiritual discipline.
- Conditions for prayer: purification (wudu, ghusl), covering awrah, facing qiblah, proper time.
- The five daily prayers: Fajr, Dhuhr, Asr, Maghrib, Isha – timings and units (rak'ah).
- The physical acts: standing (qiyam), bowing (ruku), prostrating (sujood), sitting (jalsah).
- Recitation essentials: Surah Al-Fatihah and its meanings; additional short surahs.
- The call to prayer (adhan) and its significance.
- Types of prayers: fard, wajib, sunnah mu'akkadah, nafl.

Day 2: Performing Salah – Steps, Errors, and Congregational Prayer

- Step-by-step demonstration of a two-rak'ah prayer (Fajr) and four-rak'ah prayers.
- The pillars (ruk'n), obligatory parts (wajib), and recommended acts (sunnah) of Salah.
- Common mistakes: incorrect recitation, extra movements, breaking wudu.
- Nullifiers of prayer: talking, laughing, eating, turning away from qiblah.
- Congregational prayer: virtues, formation of rows, following the imam.
- Friday prayer: conditions, khutbah, and differences from Dhuhr.
- Eid prayers: timing, takbirat, and additional features.
- Missed prayers: making up (qada) and shortening (qasr) during travel.

Day 3: Advanced Applications – Special Circumstances, Spiritual Depth, and Daily Integration

- Prayer for the sick: sitting, lying down, and combining prayers.
- Prayer during travel: shortening and combining (jam').
- Prayer in fear (salat al-khawf) and emergency situations.
- Women's specific rulings: menstruation, postnatal bleeding, and prayer in congregation.
- Enhancing khushu': reflecting on verses, slowing down, and avoiding distractions.
- Recommended optional prayers: Tahajjud (night prayer), Duha (forenoon), Taraweeh (Ramadan).
- Using technology: prayer time apps, qiblah compass, online learning resources.
- Creating a daily prayer routine: time management, habit building, and community involvement.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **6 NQF credits** at **NQF Level 1**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 17,900.00	R 17,900.00
1	In-House	R 23,300.00	R 23,300.00
1	On-Campus (Pretoria)	R 26,800.00	R 26,800.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	12 Aug 2026	On-Campus	Pretoria, South Africa
10 Aug 2026	12 Aug 2026	On-Campus	Mauritius
11 Aug 2026	13 Aug 2026	On-Campus	Abu Dhabi, UAE
11 Aug 2026	13 Aug 2026	On-Campus	Cape Town, South Africa
12 Aug 2026	14 Aug 2026	On-Campus	Durban, South Africa
12 Aug 2026	14 Aug 2026	On-Campus	Dubai, UAE
17 Aug 2026	19 Aug 2026	On-Campus	Harare, Zimbabwe
17 Aug 2026	19 Aug 2026	On-Campus	Abu Dhabi, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 117097) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza, 1122 Burnett St, Hatfield 0028, Pretoria, Gauteng, South Africa
Tel: +27 12 004 8389 · WhatsApp: +27 65 077 6310 · apply@aaticd.co.za · www.aaticd.co.za