



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Programming Activities For Child And Youth Care Work Training

Health Sciences and Social Services / Promotive Health and Developmental Services

Unit Standard 117182 · NQF Level 4 · 6 Credits · 3 Days

COURSE OVERVIEW

This course equips child and youth care workers with the skills to design, implement, and evaluate age-appropriate developmental and therapeutic activities. Participants will learn to align activities with the developmental needs of children and youth, fostering resilience, social skills, and emotional well-being in care settings.

Category	Health Sciences and Social Services
Subfield	Promotive Health and Developmental Services
Unit Standard	117182
Accreditation	SAQA Accredited · NQF Level 4 · 6 Credits
Duration	3 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply principles of child and youth development to select appropriate programming activities.
- Design activity plans that promote physical, emotional, cognitive, and social development.
- Implement activities using inclusive and trauma-informed approaches.
- Evaluate the effectiveness of activities in achieving developmental goals.
- Adapt activities to meet the diverse needs of children and youth, including those with special needs.
- Demonstrate ethical and professional conduct in facilitating group activities.

WHO SHOULD ATTEND

- Child and youth care workers, social auxiliary workers, and residential care staff who are responsible for planning and facilitating group activities for children and youth in care settings.

COURSE OUTLINE

Day 1: Foundations of Programming Activities in Child and Youth Care

- Introduction to programming activities: definitions and purpose.
- Linking activities to developmental domains (physical, cognitive, emotional, social).
- Ethical considerations and child protection in activity design.
- Activity planning framework: needs assessment, objectives, resources, and evaluation.
- Practical exercise: creating a basic activity plan for a specific age group.

Day 2: Designing and Facilitating Engaging Activities

- Types of activities: therapeutic, recreational, educational, and life skills.
- Facilitation skills: communication, group management, and motivation.
- Adapting activities for inclusivity: cultural sensitivity, disabilities, and trauma-informed care.
- Risk assessment and emergency response planning.
- Hands-on workshop: facilitating a short activity and receiving peer feedback.

Day 3: Evaluation, Integration, and Professional Practice

- Evaluation methods: observation, feedback forms, and outcome measurement.
- Documenting and reporting activity outcomes.
- Collaborating with multidisciplinary teams: social workers, educators, and therapists.
- Self-reflection and continuous professional development.
- Portfolio compilation: presenting activity plans with rationale and evaluation criteria.
- Final assessment: presenting a complete activity plan and receiving certification guidance.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **6 NQF credits** at **NQF Level 4**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 17,900.00	R 17,900.00
1	In-House	R 23,300.00	R 23,300.00
1	On-Campus (Pretoria)	R 26,800.00	R 26,800.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	12 Aug 2026	On-Campus	Durban, South Africa
10 Aug 2026	12 Aug 2026	On-Campus	Dubai, UAE
11 Aug 2026	13 Aug 2026	On-Campus	Pretoria, South Africa
11 Aug 2026	13 Aug 2026	On-Campus	Mauritius
12 Aug 2026	14 Aug 2026	On-Campus	Abu Dhabi, UAE
12 Aug 2026	14 Aug 2026	On-Campus	Cape Town, South Africa
17 Aug 2026	19 Aug 2026	On-Campus	Shenzhen, China
17 Aug 2026	19 Aug 2026	On-Campus	Pretoria, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 117182) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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