



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Primary Health Care Provision And Implementation In Communities Training

Health Sciences and Social Services / Promotive Health and Developmental Services

Unit Standard 117498 · NQF Level 4 · 10 Credits · 7 Days

COURSE OVERVIEW

This course equips learners with the knowledge and skills to provide and implement primary health care services within community settings. It focuses on understanding the principles of primary health care, conducting community health assessments, and developing appropriate interventions to improve health outcomes.

Category	Health Sciences and Social Services
Subfield	Promotive Health and Developmental Services
Unit Standard	117498
Accreditation	SAQA Accredited · NQF Level 4 · 10 Credits
Duration	7 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply the principles and philosophy of primary health care in community settings.
- Conduct community health needs assessments using appropriate tools and techniques.
- Develop and implement primary health care plans that address identified community needs.
- Evaluate the effectiveness of primary health care interventions and make recommendations for improvement.
- Demonstrate effective communication and collaboration with community members and stakeholders.
- Analyze the impact of social, economic, and environmental factors on community health.

WHO SHOULD ATTEND

- This course is designed for community health workers, nurses, social workers, and other health professionals involved in community-based health care delivery.

COURSE OUTLINE

Day 1: Introduction to Primary Health Care in South Africa

- Definition and principles of Primary Health Care
- Historical context: Alma-Ata Declaration and South Africa's health reforms
- The PHC package in South Africa
- Levels of care: primary, secondary, tertiary
- Community-based health services and outreach
- Role of community health workers
- Introduction to the National Health Insurance (NHI) and its PHC focus

Day 2: Community Health Assessment and Needs Analysis

- Community health assessment tools (e.g., windshield surveys, interviews)
- Participatory Rural Appraisal (PRA) techniques
- Social determinants of health: poverty, education, housing, sanitation
- Common health indicators and data sources
- Prioritizing health needs: criteria and stakeholder input
- Case study: mapping a local community's health profile

Day 3: Maternal, Child, and Reproductive Health in Communities

- Antenatal care: schedule, screening, and prevention of mother-to-child transmission (PMTCT)
- Skilled birth attendance and emergency obstetric care
- Postnatal care and neonatal resuscitation
- Family planning methods and counselling
- Expanded Programme on Immunisation (EPI) schedule
- Growth monitoring and nutrition interventions
- Adolescent reproductive health

Day 4: Communicable Disease Prevention and Control

- Overview of communicable diseases: TB, HIV/AIDS, STIs, malaria, cholera
- HIV testing, ART initiation, and adherence support
- TB diagnosis, DOTS strategy, and multi-drug resistant TB
- Infection prevention and control (IPC) at clinic and community level
- Contact tracing and outbreak investigation steps
- Vaccination campaigns and disease surveillance
- Role of community health workers in disease notification

Day 5: Non-Communicable Diseases and Mental Health in Primary Care

- Epidemiology of NCDs in South Africa: cardiovascular diseases, diabetes, cancer, chronic respiratory diseases
- Screening and diagnosis: blood pressure, blood glucose, BMI, peak flow
- Management protocols for hypertension and diabetes at PHC level
- Lifestyle interventions: diet, exercise, smoking cessation
- Common mental health conditions: depression, anxiety, substance abuse
- Mental health first aid and referral pathways
- Integration of NCD and mental health services in PHC

Day 6: Health Promotion, Education, and Community Engagement

- Principles of health promotion and the Ottawa Charter

- Behavior change models: Health Belief Model, Transtheoretical Model
- Developing health education materials for low-literacy audiences
- Communication skills: active listening, motivational interviewing
- Community engagement strategies: door-to-door, mass media, social media
- Support groups for chronic diseases and mental health
- Monitoring and evaluation of health promotion activities

Day 7: Implementation, Monitoring, and Integration of PHC Services

- Steps in implementing a PHC program: planning, resources, timeline
- Logistical considerations: supply chain, staffing, transport
- Monitoring and evaluation: indicators, data collection, reporting
- Intersectoral collaboration for health: water, sanitation, nutrition, education
- Ethical principles: confidentiality, consent, cultural sensitivity
- Legal framework: Patients' Rights Charter, Children's Act, Mental Health Care Act
- Final assessment: case study presentation and group feedback

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **10 NQF credits** at **NQF Level 4**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 28,200.00	R 28,200.00
1	In-House	R 36,700.00	R 36,700.00
1	On-Campus (Pretoria)	R 42,300.00	R 42,300.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	18 Aug 2026	On-Campus	Abu Dhabi, UAE
11 Aug 2026	19 Aug 2026	On-Campus	Durban, South Africa
11 Aug 2026	19 Aug 2026	On-Campus	Mauritius
12 Aug 2026	20 Aug 2026	On-Campus	Cape Town, South Africa
13 Aug 2026	21 Aug 2026	On-Campus	Dubai, UAE
14 Aug 2026	24 Aug 2026	On-Campus	Pretoria, South Africa
17 Aug 2026	25 Aug 2026	On-Campus	Durban, South Africa
18 Aug 2026	26 Aug 2026	On-Campus	Shenzhen, China

Contact us if no suitable date is listed — on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 117498) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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