



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aaticd.co.za · Website: www.aaticd.co.za

COURSE BROCHURE

Parenting Support And Childcare Education Skills Training

Health Sciences and Social Services / Preventive Health

Unit Standard 117505 · NQF Level 4 · 12 Credits · 9 Days

COURSE OVERVIEW

This course equips participants with the knowledge and skills to provide effective parenting support and childcare education. It focuses on understanding child development, positive discipline, and creating safe, nurturing environments for children. Learners will be able to apply these principles in both home and community settings.

Category	Health Sciences and Social Services
Subfield	Preventive Health
Unit Standard	117505
Accreditation	SAQA Accredited · NQF Level 4 · 12 Credits
Duration	9 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply principles of child development to support age-appropriate growth and learning.
- Demonstrate effective communication and positive discipline techniques.
- Evaluate the needs of children and families to provide tailored support.
- Design safe and stimulating environments that promote child well-being.
- Implement strategies for promoting health, nutrition, and safety in childcare settings.
- Analyze the role of community resources in supporting parenting and childcare.

WHO SHOULD ATTEND

- This course is designed for parents, caregivers, early childhood development practitioners, and anyone involved in supporting families and children in South Africa.

COURSE OUTLINE

Day 1: Foundations of Parenting Support and Childcare

- Introduction to unit standard 117505 and course outcomes.
- Overview of child development theories (Piaget, Vygotsky, Erikson).
- The role of the caregiver: nurturing, safety, and education.
- Ethical considerations and confidentiality in childcare.
- Legal requirements: Children's Act, registration, and reporting obligations.
- Cultural sensitivity and diversity in South African families.
- Communication basics with parents and children.
- Establishing a supportive learning environment.

Day 2: Understanding Child Development Milestones

- Physical, cognitive, social, and emotional milestones (0-12 years).
- Observational methods: anecdotal records, checklists, and portfolios.
- Red flags for developmental delays and intervention strategies.
- Play-based learning and its role in development.
- Creating activity plans for different age groups.
- Inclusive practices for children with special needs.
- Working with parents to support developmental goals.
- Case studies: typical vs. atypical development.

Day 3: Health, Safety, and Nutrition in Childcare

- Basic first aid and emergency procedures for children.
- Hygiene practices: handwashing, nappy changing, and cleaning.
- Immunisation schedules and record-keeping.
- Common childhood illnesses: symptoms and exclusion policies.
- Nutrition guidelines: South African food-based dietary guidelines.
- Menu planning for allergies and cultural preferences.
- Safety checks: indoor and outdoor play areas.
- Child protection: recognising abuse and reporting protocols.

Day 4: Positive Discipline and Behaviour Guidance

- Principles of positive discipline: respect, empathy, and consistency.
- Setting age-appropriate boundaries and routines.
- Techniques: redirection, natural consequences, and problem-solving.
- Understanding the reasons behind challenging behaviours.
- Building emotional literacy: naming feelings and self-regulation.
- Conflict resolution among children.
- Collaborating with parents on behaviour management.
- Case studies: applying positive discipline in real scenarios.

Day 5: Supporting Learning Through Play and Activities

- Types of play: sensory, constructive, imaginative, and physical.
- Learning areas: language, numeracy, creative arts, and motor skills.
- Setting up play stations and learning corners.
- Incorporating indigenous games and cultural activities.
- Role of the caregiver in scaffolding play.

- Observation and documentation of learning through play.
- Planning weekly activity schedules.
- Adapting activities for mixed-age groups.

Day 6: Communication and Partnership with Parents

- Building trust and rapport with families.
- Daily communication methods: verbal, written, and digital.
- Conducting parent-teacher meetings and progress reports.
- Involving parents in childcare activities and decision-making.
- Supporting parents with parenting skills and resources.
- Addressing concerns: developmental delays, behaviour, or family issues.
- Cultural considerations in parent communication.
- Confidentiality and record-keeping of parent interactions.

Day 7: Inclusive Practice and Supporting Diverse Needs

- Understanding inclusion: legal and ethical frameworks.
- Common disabilities: physical, sensory, intellectual, and learning.
- Adapting the environment: accessibility and assistive devices.
- Differentiating instruction for varied learning needs.
- Supporting multilingual learners in a childcare setting.
- Celebrating diversity: festivals, traditions, and family structures.
- Challenging stereotypes and promoting equity.
- Collaborating with specialists and support services.

Day 8: Professional Practice and Reflective Caregiving

- Professional ethics and codes of conduct.
- Reflective practice: journaling, peer feedback, and supervision.
- Time management and organising daily routines.
- Stress management and burnout prevention.
- Teamwork and collaboration with colleagues.
- Continuous professional development (CPD) opportunities.
- Career paths: ECD practitioner, nanny, or further qualifications.
- Developing a personal professional development plan.

Day 9: Integration, Assessment, and Action Planning

- Review of key concepts and Q&A; session.
- Practical assessment: scenario-based tasks and role-plays.
- Developing a personal action plan for childcare practice.
- Setting SMART goals for professional development.
- Resources: support organisations, helplines, and further reading.
- Peer feedback and group discussion.
- Course evaluation and certificate information.
- Closing remarks and networking.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **12 NQF credits** at **NQF Level 4**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 33,300.00	R 33,300.00
1	In-House	R 43,300.00	R 43,300.00
1	On-Campus (Pretoria)	R 50,000.00	R 50,000.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	20 Aug 2026	On-Campus	Durban, South Africa
10 Aug 2026	20 Aug 2026	On-Campus	Mauritius
11 Aug 2026	21 Aug 2026	On-Campus	Cape Town, South Africa
12 Aug 2026	24 Aug 2026	On-Campus	Dubai, UAE
13 Aug 2026	25 Aug 2026	On-Campus	Pretoria, South Africa
14 Aug 2026	26 Aug 2026	On-Campus	Abu Dhabi, UAE
17 Aug 2026	27 Aug 2026	On-Campus	Shenzhen, China
18 Aug 2026	28 Aug 2026	On-Campus	Dubai, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

- 1. Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 117505) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
- 2. Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
- 3. Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
- 4. Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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