



## Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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### COURSE BROCHURE

# Understanding Violence And Victimization In Children And Youth Training

Human and Social Studies / People/Human-Centred Development

Unit Standard 117883 · NQF Level 2 · 5 Credits · 2 Days

## COURSE OVERVIEW

This course equips participants with a comprehensive understanding of violence and victimisation affecting children and youth in South Africa. It explores the dynamics, causes, and consequences of violence, and develops skills to identify, respond to, and prevent victimisation. The training aims to foster a protective environment and promote the well-being of young people.

Category	Human and Social Studies
Subfield	People/Human-Centred Development
Unit Standard	117883
Accreditation	SAQA Accredited · NQF Level 2 · 5 Credits
Duration	2 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

## LEARNING OUTCOMES

- Analyse the nature, causes, and effects of violence and victimisation on children and youth.
- Apply appropriate intervention strategies to support victims and reduce risk of further harm.
- Evaluate legal and ethical frameworks related to child and youth protection in South Africa.
- Implement prevention programmes that address violence and promote resilience in young people.
- Demonstrate effective communication skills when engaging with traumatised children and youth.
- Design referral pathways and support networks for victimised children and youth.

## WHO SHOULD ATTEND

- This course is designed for professionals working with children and youth, including social workers, educators, youth care workers, police officers, and community-based organisation staff.
- It is also suitable for anyone seeking to deepen their understanding of child and youth victimisation.

## COURSE OUTLINE

### Day 1: Understanding Violence and Victimisation in Children and Youth

- Introduction to violence and victimisation: definitions and scope
- Types of violence: physical, emotional, sexual, and neglect
- Impact of violence on child and youth development
- Theoretical perspectives: ecological model, trauma-informed care
- Risk and protective factors in families, schools, and communities
- Cycle of violence and intergenerational transmission
- Legal and policy frameworks in South Africa
- Case studies: recognising signs of victimisation

### Day 2: Responding to and Preventing Violence and Victimisation

- Trauma-informed care principles and practices
- Psychosocial support and counselling approaches
- Prevention strategies: education, advocacy, and community engagement
- Multi-sectoral collaboration: roles of social services, education, and justice
- Ethical considerations and confidentiality in reporting
- Self-care for practitioners dealing with vicarious trauma
- Developing a personalised action plan for intervention
- Group work: scenario analysis and resource mapping

## ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **5 NQF credits** at **NQF Level 2**.

## PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 15,400.00	R 15,400.00
1	In-House	R 20,000.00	R 20,000.00
1	On-Campus (Pretoria)	R 23,100.00	R 23,100.00

## UPCOMING SESSIONS

Start	End	Method	Venue
07 Jul 2026	08 Jul 2026	On-Campus	Kampala, Uganda
07 Jul 2026	08 Jul 2026	On-Campus	Kigali, Rwanda
07 Jul 2026	08 Jul 2026	On-Campus	Mombasa, Kenya
09 Jul 2026	10 Jul 2026	On-Campus	Mbabane, Eswatini
09 Jul 2026	10 Jul 2026	On-Campus	Luanda, Angola
09 Jul 2026	10 Jul 2026	On-Campus	Kinshasa, DRC
13 Jul 2026	14 Jul 2026	On-Campus	Accra, Ghana
13 Jul 2026	14 Jul 2026	On-Campus	Kinshasa, DRC

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

## HOW TO GET A QUOTE OR APPLY

- 1. Get an instant quotation online:** visit [www.aaticd.co.za](http://www.aaticd.co.za), open the page for this course (Unit Standard 117883) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
- 2. Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to [apply@aaticd.co.za](mailto:apply@aaticd.co.za) – our team will reply with a formal quotation.
- 3. Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
- 4. Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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