



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aatikd.co.za · Website: www.aatikd.co.za

COURSE BROCHURE

Demonstrate Knowledge Of The Provision And Implementation Of Primary Health Care Training

Health Sciences and Social Services / Promotive Health and Developmental Services

Unit Standard 119559 · NQF Level 1 · 10 Credits · 7 Days

COURSE OVERVIEW

This course equips learners with the knowledge and skills required to understand the provision and implementation of primary health care (PHC) services within the South African context. It covers the principles, policies, and frameworks guiding PHC, enabling learners to contribute effectively to community health promotion and disease prevention. By the end of this course, participants will be able to demonstrate a comprehensive understanding of PHC delivery and its role in the broader healthcare system.

Category	Health Sciences and Social Services
Subfield	Promotive Health and Developmental Services
Unit Standard	119559
Accreditation	SAQA Accredited · NQF Level 1 · 10 Credits
Duration	7 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Explain the principles and models of primary health care as outlined in the Alma-Ata Declaration and South African health policies.
- Analyze the roles and responsibilities of different stakeholders in the provision of primary health care services.
- Evaluate the implementation of primary health care programs, including community participation and intersectoral collaboration.
- Demonstrate knowledge of the referral system and continuum of care within the primary health care framework.
- Apply the concepts of health promotion and disease prevention in the context of primary health care delivery.
- Identify and address barriers to effective primary health care provision, including social, economic, and cultural factors.

WHO SHOULD ATTEND

- This course is designed for healthcare workers, community health workers, and individuals involved in the planning, implementation, or evaluation of primary health care services.
- It is also suitable for those seeking to enhance their understanding of PHC within the South African public health sector.

COURSE OUTLINE

Day 1: Introduction to Primary Health Care and the South African Context

- Definition and principles of PHC (Alma-Ata Declaration).
- Overview of the South African health system and PHC re-engineering.
- Key legislation and policies: National Health Act, District Health System.
- Roles of national, provincial, and local government in PHC.
- Community involvement and intersectoral collaboration.
- Introduction to the unit standard and learning outcomes.

Day 2: Principles of Training and Adult Learning

- Andragogy vs. pedagogy: principles of adult learning.
- Learning styles: visual, auditory, kinesthetic.
- Training methods: lectures, demonstrations, role-plays, group discussions.
- Developing learning objectives and session plans.
- Creating a supportive learning environment.
- Evaluating training effectiveness.

Day 3: PHC Service Delivery and Programmes

- Essential PHC service package: maternal, child, HIV/TB, NCDs.
- Integrated Management of Childhood Illness (IMCI).
- Expanded Programme on Immunisation (EPI) and vaccine schedules.
- Antenatal, postnatal, and family planning services.
- HIV and TB prevention, treatment, and care.
- Management of hypertension, diabetes, and other NCDs.
- Mental health services in PHC.

Day 4: Training Needs Assessment and Curriculum Development

- Steps in conducting a TNA: data collection methods.
- Identifying competency gaps and training priorities.
- Developing a curriculum framework and learning outcomes.
- Designing assessment criteria and methods.
- Adapting materials for different literacy levels and languages.
- Involving stakeholders in curriculum development.

Day 5: Facilitation and Assessment Skills

- Facilitation skills: active listening, questioning, summarising.
- Handling group dynamics and difficult participants.
- Formative assessment: quizzes, observations, reflections.
- Summative assessment: written tests, practical demonstrations.
- Providing constructive feedback.
- Using visual aids and technology in training.

Day 6: Monitoring, Evaluation, and Quality Improvement in PHC Training

- M&E frameworks: indicators, data sources, reporting.
- Kirkpatrick's four levels of training evaluation.
- Using feedback to refine training content and delivery.
- Quality improvement cycles: Plan-Do-Study-Act (PDSA).

- Clinical supervision and mentorship models.
- Ensuring sustainability of training programmes.

Day 7: Integration, Practical Application, and Assessment

- Review of key concepts from Days 1-6.
- Developing a PHC training plan for a specific context.
- Micro-teaching presentations by participants.
- Peer and facilitator feedback.
- Written and practical assessment.
- Creating a personal action plan for implementation.
- Course evaluation and certification.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **10 NQF credits** at **NQF Level 1**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 28,200.00	R 28,200.00
1	In-House	R 36,700.00	R 36,700.00
1	On-Campus (Pretoria)	R 42,300.00	R 42,300.00

UPCOMING SESSIONS

Start	End	Method	Venue
07 Aug 2026	17 Aug 2026	On-Campus	Dubai, UAE
10 Aug 2026	18 Aug 2026	On-Campus	Abu Dhabi, UAE
11 Aug 2026	19 Aug 2026	On-Campus	Durban, South Africa
11 Aug 2026	19 Aug 2026	On-Campus	Mauritius
12 Aug 2026	20 Aug 2026	On-Campus	Cape Town, South Africa
13 Aug 2026	21 Aug 2026	On-Campus	Dubai, UAE
14 Aug 2026	24 Aug 2026	On-Campus	Pretoria, South Africa
17 Aug 2026	25 Aug 2026	On-Campus	Durban, South Africa

Contact us if no suitable date is listed — on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 119559) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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