



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Explore And Use A Variety Of Strategies To Learn Training

Communication Studies and Language / Language

Unit Standard 119631 · NQF Level 1 · 5 Credits · 2 Days

COURSE OVERVIEW

This course empowers learners to explore and apply a variety of learning strategies to enhance their training effectiveness. Participants will discover how to adapt their learning approaches to different contexts, improving their ability to acquire and apply new knowledge and skills in the workplace.

Category	Communication Studies and Language
Subfield	Language
Unit Standard	119631
Accreditation	SAQA Accredited · NQF Level 1 · 5 Credits
Duration	2 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Identify and describe a range of learning strategies appropriate for different training contexts.
- Apply selected learning strategies to real-world training scenarios to enhance knowledge acquisition.
- Evaluate the effectiveness of different learning strategies in achieving training objectives.
- Adapt learning strategies based on individual learning styles and workplace requirements.
- Demonstrate the use of reflective practice to improve future learning and training experiences.

WHO SHOULD ATTEND

- This course is designed for employees at all levels who wish to improve their learning capabilities and training outcomes.
- It is ideal for individuals involved in self-directed learning, team training, or those who need to adapt to changing work environments.

COURSE OUTLINE

Day 1: Foundations of Learning Strategies

- Introduction to learning styles: visual, auditory, kinesthetic.
- Factors influencing learning: motivation, environment, prior knowledge.
- Overview of learning strategies: summarising, questioning, mind mapping.
- Practical exercise: self-assessment of learning preferences.
- Group discussion: overcoming common learning barriers.

Day 2: Applying and Integrating Learning Strategies

- Matching strategies to learning objectives and content types.
- Creating a personal learning plan: goal setting and strategy selection.
- Role-play: applying strategies in simulated training scenarios.
- Reflection techniques: journaling, peer feedback.
- Case study: adapting strategies for diverse learners.
- Assessment: demonstrating strategy use in a practical task.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **5 NQF credits** at **NQF Level 1**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 15,400.00	R 15,400.00
1	In-House	R 20,000.00	R 20,000.00
1	On-Campus (Pretoria)	R 23,100.00	R 23,100.00

UPCOMING SESSIONS

Start	End	Method	Venue
04 Aug 2026	05 Aug 2026	On-Campus	Pretoria, South Africa
04 Aug 2026	05 Aug 2026	On-Campus	Cape Town, South Africa
04 Aug 2026	05 Aug 2026	On-Campus	Johannesburg, South Africa
06 Aug 2026	07 Aug 2026	On-Campus	Dubai, UAE
06 Aug 2026	07 Aug 2026	On-Campus	Mauritius
06 Aug 2026	07 Aug 2026	On-Campus	Lagos, Nigeria
10 Aug 2026	11 Aug 2026	On-Campus	Mauritius
10 Aug 2026	11 Aug 2026	On-Campus	Dubai, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 119631) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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