



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Examine Law And Structures In Terms Of Their Promotion Of Human Rights And Democracy Training

Human and Social Studies / Public Policy, Politics and Democratic Citizenship

Unit Standard 119659 · NQF Level 5 · 8 Credits · 5 Days

COURSE OVERVIEW

This course equips learners with the ability to critically examine legal frameworks and institutional structures in South Africa to assess their effectiveness in promoting human rights and democracy. Participants will gain insight into the constitutional, legislative, and policy mechanisms that underpin democratic governance and human rights protection, enabling them to apply this knowledge in professional and civic contexts.

Category	Human and Social Studies
Subfield	Public Policy, Politics and Democratic Citizenship
Unit Standard	119659
Accreditation	SAQA Accredited · NQF Level 5 · 8 Credits
Duration	5 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Analyze the relationship between law, human rights, and democracy within the South African context.
- Evaluate the effectiveness of legal frameworks and institutional structures in promoting and protecting human rights.
- Apply constitutional principles to assess the alignment of laws and structures with democratic values.
- Critique the role of key institutions (e.g., courts, commissions) in upholding human rights and democratic governance.
- Demonstrate understanding of the impact of law and structures on marginalized groups and social justice.
- Develop recommendations for strengthening legal and institutional mechanisms to enhance human rights and democracy.

WHO SHOULD ATTEND

- This course is designed for legal professionals, policy analysts, government officials, NGO workers, and any individuals seeking to deepen their understanding of how law and structures support human rights and democracy in South Africa.

COURSE OUTLINE

Day 1: Foundations of Human Rights and Democracy in South Africa

- Introduction to human rights: definitions, categories, and universality.
- Democracy: principles, types, and the South African model.
- Historical context: apartheid and the struggle for human rights.
- The Constitution as the supreme law: Bill of Rights and foundational values.
- International human rights frameworks: UN Declaration, African Charter.
- Interaction between international law and South African law.

Day 2: The South African Legal System and Human Rights Protection

- Sources of law: Constitution, legislation, common law, customary law.
- Separation of powers and checks and balances.
- The courts: hierarchy and jurisdiction, especially the Constitutional Court.
- Independent institutions: South African Human Rights Commission, Public Protector, Commission for Gender Equality.
- Access to justice: legal aid, public interest litigation.
- Enforcement of rights: direct application, limitation clauses, remedies.

Day 3: Analysis of Laws and Policies for Human Rights Compliance

- Methodologies for human rights impact assessment.
- Case studies: analysis of specific laws (e.g., Promotion of Equality and Prevention of Unfair Discrimination Act).
- Addressing systemic discrimination: race, gender, disability, LGBTI+ rights.
- Socio-economic rights: housing, healthcare, education, water.
- Balancing rights: limitations and proportionality.
- Participatory law-making: public consultations and civil society engagement.

Day 4: Democracy in Practice – Institutions, Participation, and Accountability

- Democratic institutions: Parliament, provincial legislatures, local government.
- Electoral system: proportional representation, independent electoral commission.
- Public participation: petitions, public hearings, participatory budgeting.
- Accountability: oversight committees, Chapter 9 institutions, media.
- Civil society: advocacy, watchdog functions, social movements.
- Challenges to democracy: corruption, political intolerance, misinformation.

Day 5: Practical Integration and Application of Human Rights and Democracy

- Case study analysis: recent human rights and democracy issues in SA.
- Group exercise: designing a human rights compliant policy or programme.
- Role-play: interacting with institutions to address rights violations.
- Developing advocacy strategies: communication, coalition building.
- Reflection: personal and professional responsibility.
- Course review and assessment.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **8 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 24,200.00	R 24,200.00
1	In-House	R 31,400.00	R 31,400.00
1	On-Campus (Pretoria)	R 36,200.00	R 36,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	14 Aug 2026	On-Campus	Durban, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Abu Dhabi, UAE
10 Aug 2026	14 Aug 2026	On-Campus	Pretoria, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Dubai, UAE
10 Aug 2026	14 Aug 2026	On-Campus	Cape Town, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Mauritius
17 Aug 2026	21 Aug 2026	On-Campus	Dubai, UAE
17 Aug 2026	21 Aug 2026	On-Campus	Pretoria, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 119659) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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