



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Describe The Relevance Of Human Rights And Democratic Practices In South African Society Training

Human and Social Studies / Public Policy, Politics and Democratic Citizenship

Unit Standard 119662 · NQF Level 4 · 8 Credits · 5 Days

COURSE OVERVIEW

This course equips learners with a comprehensive understanding of human rights and democratic practices within the South African context. It explores the constitutional framework, the Bill of Rights, and the role of democratic institutions in fostering social justice and equality. Participants will gain the knowledge to apply these principles in their personal and professional lives, contributing to a just and inclusive society.

Category	Human and Social Studies
Subfield	Public Policy, Politics and Democratic Citizenship
Unit Standard	119662
Accreditation	SAQA Accredited · NQF Level 4 · 8 Credits
Duration	5 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Explain the historical context and evolution of human rights and democracy in South Africa.
- Analyze the key provisions of the South African Constitution and the Bill of Rights.
- Evaluate the role of democratic institutions and processes in upholding human rights.
- Apply human rights principles to real-world scenarios in the workplace and community.
- Demonstrate respect for diversity and the promotion of equality in professional practice.
- Identify and address violations of human rights using appropriate mechanisms and procedures.

WHO SHOULD ATTEND

- This course is designed for employees, managers, and community leaders who seek to deepen their understanding of human rights and democratic practices in South Africa.
- It is also suitable for individuals involved in policy development, advocacy, or training within public, private, or non-profit sectors.

COURSE OUTLINE

Day 1: Foundations of Human Rights and Democracy

- Introduction to human rights concepts.
- Historical overview: Apartheid and the struggle for democracy.
- The South African Constitution and the Bill of Rights.
- Core democratic principles: equality, freedom, and dignity.
- Rights vs. responsibilities in a democratic society.
- Overview of international human rights frameworks.
- Group discussion: Why human rights matter today.

Day 2: The South African Constitution and Legal Framework

- The Constitution as the supreme law.
- The Bill of Rights: detailed examination of key rights.
- Chapter 9 institutions: SAHRC, CGE, PSC, etc.
- Relevant legislation: PEPUA, Labour Relations Act, etc.
- The role of the Constitutional Court.
- Case studies: landmark human rights cases.
- Activity: Mapping rights to institutions.

Day 3: Democratic Practices and Participation

- South Africa's electoral system and processes.
- Voter education and civic responsibility.
- Role of political parties and multiparty democracy.
- Civil society organizations and advocacy.
- Public participation: IDP forums, ward committees.
- Mechanisms for accountability and transparency.
- Activity: Simulating a public participation process.

Day 4: Human Rights in Practice: Socio-Economic Rights

- Socio-economic rights: housing, healthcare, education, water.
- Government obligations: respect, protect, promote, fulfill.
- Barriers to implementation: inequality, poverty, corruption.
- Role of NGOs and community-based organizations.
- Case studies: Treatment Action Campaign, Grootboom case.
- Activity: Group presentation on a socio-economic right.

Day 5: Integration, Application, and Action Planning

- Recap and integration of key concepts.
- Applying human rights principles in professional settings.
- Conflict resolution and restorative justice practices.
- Developing an advocacy or community project plan.
- Strategies for promoting a human rights culture.
- Action planning: personal and organizational commitments.
- Course evaluation and feedback.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **8 NQF credits** at **NQF Level 4**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 23,000.00	R 23,000.00
1	In-House	R 29,900.00	R 29,900.00
1	On-Campus (Pretoria)	R 34,500.00	R 34,500.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	14 Aug 2026	On-Campus	Durban, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Abu Dhabi, UAE
10 Aug 2026	14 Aug 2026	On-Campus	Pretoria, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Dubai, UAE
10 Aug 2026	14 Aug 2026	On-Campus	Cape Town, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Mauritius
17 Aug 2026	21 Aug 2026	On-Campus	Dubai, UAE
17 Aug 2026	21 Aug 2026	On-Campus	Pretoria, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 119662) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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