



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Conduct An Assessment Of Human Rights And Democracy Practices In Communities Training

Human and Social Studies / Public Policy, Politics and Democratic Citizenship

Unit Standard 119664 · NQF Level 5 · 12 Credits · 9 Days

COURSE OVERVIEW

This course equips learners with the skills to systematically assess human rights and democracy practices within community settings. Participants will learn to gather, analyse, and report on data related to human rights and democratic governance, enabling them to contribute to community development and advocacy.

Category	Human and Social Studies
Subfield	Public Policy, Politics and Democratic Citizenship
Unit Standard	119664
Accreditation	SAQA Accredited · NQF Level 5 · 12 Credits
Duration	9 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Demonstrate an understanding of human rights and democracy principles in the South African context.
- Apply appropriate methods to gather data on human rights and democracy practices in communities.
- Analyse collected data to identify strengths, gaps, and areas for improvement in human rights and democracy practices.
- Evaluate the effectiveness of existing mechanisms for promoting human rights and democracy in communities.
- Report findings and make recommendations to relevant stakeholders for enhancing human rights and democracy practices.
- Design a basic assessment plan for monitoring human rights and democracy practices in a community.

WHO SHOULD ATTEND

- This course is designed for community development workers, NGO staff, local government officials, and anyone involved in monitoring or promoting human rights and democracy at the community level.

COURSE OUTLINE

Day 1: Introduction to Human Rights and Democracy

- What are human rights? Universal Declaration of Human Rights.
- Democracy: principles and types.
- South African Constitution and Bill of Rights.
- Historical context: apartheid and transition to democracy.
- International and regional frameworks (African Charter on Human and Peoples' Rights).
- Role of civil society in promoting human rights.
- Overview of the unit standard and course outcomes.
- Introduction to assessment principles.

Day 2: Legal Frameworks and Institutions

- Constitutional provisions for human rights.
- South African Human Rights Commission: mandate and functions.
- Other Chapter 9 institutions: Public Protector, Commission for Gender Equality.
- Role of courts in human rights protection.
- Legal aid and access to justice.
- International human rights treaties ratified by South Africa.
- Case studies: landmark human rights cases.
- Practical activity: identifying rights violations in scenarios.

Day 3: Community Profiling and Needs Assessment

- Elements of a community profile: demographics, infrastructure, services.
- Methods for data collection: surveys, interviews, focus groups.
- Participatory Rural Appraisal (PRA) techniques.
- Mapping community assets and challenges.
- Identifying vulnerable groups: women, children, persons with disabilities, LGBTQ+.
- Power analysis: who makes decisions?
- Ethical considerations in community research.
- Practical exercise: developing a community profile template.

Day 4: Assessing Human Rights Practices

- Human rights indicators: types and examples.
- Human rights-based approach: principles and application.
- Assessment tools: checklists, observation, document review.
- Evaluating government and private sector compliance.
- Barriers: discrimination, poverty, lack of awareness.
- Documentation: assessment reports and logs.
- Case studies: assessing housing, health, education rights.
- Practical exercise: creating an assessment checklist.

Day 5: Assessing Democratic Practices

- Democratic indicators: participation, representation, accountability.
- Assessing local governance: ward committees, IDP processes.
- Electoral assessment: voter registration, free and fair elections.
- Transparency: access to information, open meetings.
- Accountability mechanisms: public hearings, feedback systems.

- Challenges: corruption, voter apathy, exclusion.
- Participatory tools: community scorecards, social audits.
- Practical exercise: designing a democratic assessment tool.

Day 6: Data Analysis and Interpretation

- Data analysis methods: thematic analysis, descriptive statistics.
- Using software for data analysis (Excel, NVivo basics).
- Triangulation of data sources.
- Interpreting findings against standards and benchmarks.
- Identifying root causes of rights violations.
- Reporting: structure and clarity.
- Visualisation: graphs, charts, infographics.
- Practical exercise: analysing sample assessment data.

Day 7: Report Writing and Recommendations

- Report structure: executive summary, methodology, findings, conclusions.
- Writing clearly and concisely for community, government, and donors.
- Developing SMART recommendations.
- Prioritising recommendations based on impact and feasibility.
- Ethical reporting: confidentiality, do no harm.
- Dissemination strategies.
- Monitoring and evaluation of recommendations.
- Practical exercise: drafting a section of an assessment report.

Day 8: Advocacy and Community Engagement

- Advocacy cycle: planning, implementation, evaluation.
- Stakeholder mapping and engagement.
- Communication strategies: media, social media, public meetings.
- Building coalitions with civil society, government, and private sector.
- Lobbying decision-makers.
- Community education and awareness campaigns.
- Case studies: successful advocacy campaigns.
- Practical exercise: developing an advocacy plan.

Day 9: Integration, Assessment, and Action Planning

- Recap of key concepts and skills.
- Mock assessment: simulated community scenario.
- Presenting findings and recommendations.
- Action planning: steps to conduct an actual assessment.
- Ethical dilemmas and professional conduct.
- Self-assessment and peer feedback.
- Preparation for unit standard assessment.
- Course evaluation and certification.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **12 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 35,000.00	R 35,000.00
1	In-House	R 45,500.00	R 45,500.00
1	On-Campus (Pretoria)	R 52,500.00	R 52,500.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	20 Aug 2026	On-Campus	Pretoria, South Africa
11 Aug 2026	21 Aug 2026	On-Campus	Abu Dhabi, UAE
12 Aug 2026	24 Aug 2026	On-Campus	Durban, South Africa
12 Aug 2026	24 Aug 2026	On-Campus	Mauritius
13 Aug 2026	25 Aug 2026	On-Campus	Cape Town, South Africa
14 Aug 2026	26 Aug 2026	On-Campus	Dubai, UAE
17 Aug 2026	27 Aug 2026	On-Campus	Abu Dhabi, UAE
18 Aug 2026	28 Aug 2026	On-Campus	Durban, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

- 1. Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 119664) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
- 2. Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
- 3. Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
- 4. Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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