



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aaticd.co.za · Website: www.aaticd.co.za

COURSE BROCHURE

Understand Victim Empowerment From A Public Health Perspective Training

Human and Social Studies / People/Human-Centred Development

Unit Standard 119723 · NQF Level 3 · 6 Credits · 3 Days

COURSE OVERVIEW

This course equips learners with a comprehensive understanding of victim empowerment from a public health perspective. It focuses on the principles, theories, and practices necessary to support victims of crime and violence, emphasizing a holistic approach that integrates health, social, and legal services. Participants will develop the skills to implement victim empowerment strategies within a public health framework, promoting healing and resilience.

Category	Human and Social Studies
Subfield	People/Human-Centred Development
Unit Standard	119723
Accreditation	SAQA Accredited · NQF Level 3 · 6 Credits
Duration	3 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply the principles of victim empowerment within a public health context.
- Analyze the impact of victimization on individuals and communities from a public health perspective.
- Evaluate existing victim support services and identify gaps in service delivery.
- Design a victim empowerment intervention plan that integrates health, social, and legal support.
- Demonstrate effective communication and referral skills when working with victims.
- Implement strategies to promote community awareness and prevention of victimization.

WHO SHOULD ATTEND

- This course is designed for social workers, healthcare professionals, community development practitioners, law enforcement officers, and anyone involved in victim support services within South Africa.

COURSE OUTLINE

Day 1: Foundations of Victim Empowerment and Public Health

- Introduction to victim empowerment: concepts and principles.
- Overview of the public health approach: primary, secondary, and tertiary prevention.
- Social determinants of health and their link to victimisation.
- The cycle of violence: understanding victimisation patterns.
- Impact of victimisation on physical, mental, and social well-being.
- Key stakeholders in victim empowerment: government, NGOs, community structures.
- Ethical considerations and confidentiality in victim support.
- Case studies illustrating victimisation from a public health perspective.

Day 2: Prevention Strategies and Support Mechanisms

- Primary prevention: community education, awareness campaigns, policy advocacy.
- Secondary prevention: screening tools, risk assessment, crisis intervention.
- Tertiary prevention: counselling, rehabilitation, long-term support services.
- Building referral pathways: linking victims to health, legal, and social services.
- Trauma-informed care: principles and practical application.
- Multi-sectoral collaboration: health, justice, social development, and education.
- Victim empowerment programmes in South Africa: examples and best practices.
- Group activity: designing a prevention strategy for a specific victimisation type.

Day 3: Practical Integration and Programme Implementation

- Programme planning: needs assessment, goal setting, resource mobilisation.
- Monitoring and evaluation: indicators, data collection, feedback loops.
- Challenges in victim empowerment: stigma, underreporting, resource constraints.
- Advocacy strategies for victim-centred policies and funding.
- Self-care and vicarious trauma prevention for service providers.
- Case study analysis: successful victim empowerment programmes.
- Action plan development: participants outline steps for implementation.
- Course wrap-up and reflection on integrating learning into practice.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **6 NQF credits** at **NQF Level 3**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 13,200.00	R 13,200.00
1	In-House	R 17,200.00	R 17,200.00
1	On-Campus (Pretoria)	R 19,800.00	R 19,800.00

UPCOMING SESSIONS

Start	End	Method	Venue
24 Aug 2026	26 Aug 2026	On-Campus	Bangkok, Thailand
24 Aug 2026	26 Aug 2026	On-Campus	Durban, South Africa
25 Aug 2026	27 Aug 2026	On-Campus	Victoria Falls, Zimbabwe
25 Aug 2026	27 Aug 2026	On-Campus	Shenzhen, China
26 Aug 2026	28 Aug 2026	On-Campus	Harare, Zimbabwe
26 Aug 2026	28 Aug 2026	On-Campus	Abu Dhabi, UAE
31 Aug 2026	02 Sep 2026	On-Campus	Victoria Falls, Zimbabwe
31 Aug 2026	02 Sep 2026	On-Campus	Shenzhen, China

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

- 1. Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 119723) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
- 2. Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
- 3. Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
- 4. Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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