



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Render Basic Assistance To An Ill Or Injured Person In An Outdoor Or Field Situation Training

Human and Social Studies / Traditions, History and Legacies

Unit Standard 119868 · NQF Level 3 · 4 Credits · 1 Day

COURSE OVERVIEW

This course equips learners with the essential skills to provide basic first aid and assistance to an ill or injured person in outdoor or field settings where medical help may be delayed. Participants will learn to assess the situation, prioritize care, and apply appropriate interventions until professional help arrives. The training emphasizes practical, hands-on techniques for managing common emergencies in remote environments.

Category	Human and Social Studies
Subfield	Traditions, History and Legacies
Unit Standard	119868
Accreditation	SAQA Accredited · NQF Level 3 · 4 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Assess an emergency scene and the condition of an ill or injured person in an outdoor or field situation.
- Apply basic life support techniques, including cardiopulmonary resuscitation (CPR) and airway management.
- Demonstrate appropriate first aid for common injuries such as fractures, bleeding, burns, and sprains.
- Implement measures to manage environmental emergencies like hypothermia, heatstroke, and snakebite.
- Evaluate the need for evacuation and communicate effectively with emergency services.
- Record and report incidents according to organizational protocols.

WHO SHOULD ATTEND

- This course is designed for outdoor enthusiasts, field workers, guides, and anyone who may need to respond to medical emergencies in remote or wilderness settings.
- It is also suitable for employees in industries such as agriculture, forestry, conservation, and adventure tourism.

COURSE OUTLINE

Day 1: Basic Emergency Response in Outdoor Settings

- Introduction to unit standard 119868 and SAQA requirements
- Legal considerations: consent, Good Samaritan law, and duty of care
- Scene safety assessment and personal protective equipment
- Primary survey: DRSABC (Danger, Response, Send for help, Airway, Breathing, Circulation)
- Secondary survey: head-to-toe examination and vital signs
- Managing specific emergencies: wounds, bleeding, fractures, sprains, hypothermia, heatstroke, and snakebites
- Basic life support (CPR) and recovery position
- Emergency action planning, evacuation procedures, and incident reporting

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **4 NQF credits** at **NQF Level 3**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 12,800.00	R 12,800.00
1	In-House	R 16,600.00	R 16,600.00
1	On-Campus (Pretoria)	R 19,200.00	R 19,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	10 Aug 2026	On-Campus	Cape Town, South Africa
11 Aug 2026	11 Aug 2026	On-Campus	Dubai, UAE
12 Aug 2026	12 Aug 2026	On-Campus	Pretoria, South Africa
13 Aug 2026	13 Aug 2026	On-Campus	Abu Dhabi, UAE
14 Aug 2026	14 Aug 2026	On-Campus	Durban, South Africa
14 Aug 2026	14 Aug 2026	On-Campus	Mauritius
17 Aug 2026	17 Aug 2026	On-Campus	Harare, Zimbabwe
17 Aug 2026	17 Aug 2026	On-Campus	Dubai, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 119868) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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