



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Clean And Maintain Premises And Equipment Training

Services / Wholesale and Retail

Unit Standard 119957 · NQF Level 3 · 5 Credits · 2 Days

COURSE OVERVIEW

This course equips learners with the skills to clean and maintain premises and equipment according to organisational and regulatory standards. It ensures a hygienic, safe, and well-maintained work environment, reducing health risks and extending equipment lifespan.

Category	Services
Subfield	Wholesale and Retail
Unit Standard	119957
Accreditation	SAQA Accredited · NQF Level 3 · 5 Credits
Duration	2 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply cleaning and maintenance procedures to premises and equipment following safety protocols.
- Demonstrate correct use of cleaning agents, tools, and equipment to achieve hygiene standards.
- Evaluate the condition of premises and equipment to identify maintenance needs.
- Implement waste management and disposal practices in compliance with environmental regulations.
- Maintain records of cleaning and maintenance activities as required by organisational policy.

WHO SHOULD ATTEND

- This course is designed for cleaning staff, maintenance workers, and supervisors responsible for the upkeep of commercial or industrial premises and equipment.

COURSE OUTLINE

Day 1: Principles of Cleaning and Maintenance

- Introduction to cleaning principles and hygiene standards.
- Types of premises (offices, retail, industrial) and cleaning requirements.
- Cleaning agents: types, uses, and safety precautions.
- Cleaning equipment: selection, use, and maintenance.
- Step-by-step cleaning procedures for common surfaces.
- Waste management and disposal protocols.
- Storage of cleaning materials and equipment.
- Personal protective equipment (PPE) and safety measures.

Day 2: Advanced Cleaning Techniques and Maintenance Procedures

- Cleaning and sanitising kitchen and bathroom areas.
- Maintenance of cleaning equipment: troubleshooting and care.
- Preventive maintenance for premises: inspections and records.
- Handling hazardous materials and spill response.
- Green cleaning practices and reducing chemical usage.
- Teamwork, communication, and customer service in cleaning.
- Health and safety regulations (OHS Act) compliance.
- Practical assessment: cleaning and maintenance simulation.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **5 NQF credits** at **NQF Level 3**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 15,400.00	R 15,400.00
1	In-House	R 20,000.00	R 20,000.00
1	On-Campus (Pretoria)	R 23,100.00	R 23,100.00

UPCOMING SESSIONS

Start	End	Method	Venue
03 Aug 2026	04 Aug 2026	On-Campus	Dubai, UAE
03 Aug 2026	04 Aug 2026	On-Campus	Mauritius
03 Aug 2026	04 Aug 2026	On-Campus	Lagos, Nigeria
05 Aug 2026	06 Aug 2026	On-Campus	Pretoria, South Africa
05 Aug 2026	06 Aug 2026	On-Campus	Cape Town, South Africa
05 Aug 2026	06 Aug 2026	On-Campus	Johannesburg, South Africa
11 Aug 2026	12 Aug 2026	On-Campus	Mauritius
11 Aug 2026	12 Aug 2026	On-Campus	Dubai, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 119957) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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