



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aatikd.co.za · Website: www.aatikd.co.za

COURSE BROCHURE

Implement Personal Hygiene For Perishable Food Stores Training

Services / Wholesale and Retail

Unit Standard 119961 · NQF Level 3 · 3 Credits · 1 Day

COURSE OVERVIEW

This course equips learners with the knowledge and skills to implement personal hygiene practices essential for handling perishable food in retail stores. It focuses on preventing contamination and ensuring compliance with health regulations to maintain food safety standards.

Category	Services
Subfield	Wholesale and Retail
Unit Standard	119961
Accreditation	SAQA Accredited · NQF Level 3 · 3 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply personal hygiene principles to prevent contamination of perishable food
- Demonstrate correct handwashing and sanitising techniques
- Implement proper use of protective clothing and equipment
- Evaluate personal health and hygiene practices in the workplace
- Identify and report potential hygiene risks in food handling areas
- Comply with relevant food safety legislation and company policies

WHO SHOULD ATTEND

- This course is designed for food handlers, supervisors, and managers working in perishable food retail environments, including butchers, delis, and grocery stores.

COURSE OUTLINE

Day 1: Implementing Personal Hygiene Standards in Perishable Food Stores

- Introduction to personal hygiene and its impact on food safety
- Regulatory requirements and standards (R638, SAQA 119961)
- Handwashing procedures: when, how, and why
- Use of protective clothing: aprons, gloves, hairnets, and footwear
- Personal health policies: reporting illness, cuts, and infections
- Hygiene practices for handling raw and ready-to-eat perishable foods
- Preventing cross-contamination through personal habits and movement
- Practical demonstration and assessment of hygiene routines

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **3 NQF credits** at **NQF Level 3**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 12,800.00	R 12,800.00
1	In-House	R 16,600.00	R 16,600.00
1	On-Campus (Pretoria)	R 19,200.00	R 19,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
04 Aug 2026	04 Aug 2026	On-Campus	Mauritius
05 Aug 2026	05 Aug 2026	On-Campus	Cape Town, South Africa
06 Aug 2026	06 Aug 2026	On-Campus	Dubai, UAE
07 Aug 2026	07 Aug 2026	On-Campus	Pretoria, South Africa
07 Aug 2026	07 Aug 2026	On-Campus	Lagos, Nigeria
10 Aug 2026	10 Aug 2026	On-Campus	Durban, South Africa
10 Aug 2026	10 Aug 2026	On-Campus	Mauritius
11 Aug 2026	11 Aug 2026	On-Campus	Cape Town, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 119961) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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