



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Teach And Describe Techniques Used In The Short Game In Golf Training

Culture and Arts / Sport

Unit Standard 120196 · NQF Level 5 · 8 Credits · 5 Days

COURSE OVERVIEW

This course equips golf coaches and trainers with the knowledge and skills to teach and describe the techniques used in the short game, including chipping, pitching, putting, and bunker play. Participants will learn to analyse player performance, demonstrate correct techniques, and design practice drills to improve short game proficiency.

Category	Culture and Arts
Subfield	Sport
Unit Standard	120196
Accreditation	SAQA Accredited · NQF Level 5 · 8 Credits
Duration	5 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Analyse the key principles and techniques of the short game in golf, including chipping, pitching, putting, and bunker play.
- Demonstrate correct short game techniques to learners, with emphasis on stance, grip, swing, and club selection.
- Evaluate player performance in short game scenarios and provide constructive feedback for improvement.
- Design practice drills and training sessions that target specific short game skills and address common errors.
- Apply teaching methodologies appropriate for different learning styles and skill levels in short game instruction.
- Implement safety and etiquette practices relevant to short game training environments.

WHO SHOULD ATTEND

- This course is designed for golf coaches, trainers, and instructors seeking to specialise in short game instruction, as well as advanced golfers who wish to understand and teach short game techniques.

COURSE OUTLINE

Day 1: Introduction to the Short Game and Foundational Techniques

- Overview of the short game: chipping, pitching, bunker play, and putting.
- Importance of the short game in lowering scores.
- Fundamental grip and stance for short game shots.
- Alignment and ball position for different short game shots.
- Introduction to distance control and tempo.
- Club selection: wedges, irons, and putters.
- Safety and etiquette on the practice green.

Day 2: Chipping Techniques and Practice Drills

- Chipping fundamentals: setup, swing, and follow-through.
- Using different clubs for chipping: 8-iron to sand wedge.
- Low, medium, and high trajectory chips.
- Spin control: backspin and check spin.
- Weight distribution and lower body stability.
- Chipping drills: gate drill, ladder drill, and target practice.
- Common chipping errors and corrections.

Day 3: Pitching and Bunker Play Techniques

- Pitching technique: longer swing, higher trajectory.
- Distance control in pitching: clock system and feel.
- Bunker play basics: open stance, open clubface, and swing path.
- Types of bunker shots: greenside, fairway, and buried lies.
- Adjusting for wet sand, hard sand, and fluffy sand.
- Pitching drills: distance ladder, target hitting.
- Bunker drills: line drill, explosion drill.
- Safety in bunkers: raking and etiquette.

Day 4: Putting Fundamentals and Green Reading

- Putting grip: conventional, claw, and cross-handed.
- Putting stroke: pendulum motion, shoulders, and arms.
- Distance control: length of backswing and tempo.
- Green reading: assessing slope, grain, and speed.
- Aiming techniques: line, spot putting, and intermediate targets.
- Putting drills: circle drill, gate drill, and ladder drill.
- Common putting faults and corrections.
- Practice routines for putting.

Day 5: Advanced Short Game Techniques and Practical Integration

- Advanced short game shots: flop shot, bump-and-run, and lob shot.
- Playing from difficult lies: divots, uphill/downhill, and rough.
- Pre-shot routine for short game: visualization and process.
- On-course scenario practice: up-and-down challenges.
- Mental approach: focus, confidence, and decision-making.
- Practice plan design: drills, frequency, and tracking progress.
- Performance assessment: stroke average, up-and-down percentage.

- Course management: shot selection and risk assessment.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **8 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 24,200.00	R 24,200.00
1	In-House	R 31,400.00	R 31,400.00
1	On-Campus (Pretoria)	R 36,200.00	R 36,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	14 Aug 2026	On-Campus	Durban, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Abu Dhabi, UAE
10 Aug 2026	14 Aug 2026	On-Campus	Pretoria, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Dubai, UAE
10 Aug 2026	14 Aug 2026	On-Campus	Cape Town, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Mauritius
17 Aug 2026	21 Aug 2026	On-Campus	Dubai, UAE
17 Aug 2026	21 Aug 2026	On-Campus	Pretoria, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 120196) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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