



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Apply Coaching Skills In Teaching Golfing Skills Training

Culture and Arts / Sport

Unit Standard 120207 · NQF Level 5 · 6 Credits · 3 Days

COURSE OVERVIEW

This course equips golf instructors and sports coaches with the coaching skills necessary to effectively teach golfing skills to learners of all levels. It focuses on applying coaching principles, communication techniques, and practice design to enhance performance and foster a positive learning environment.

Category	Culture and Arts
Subfield	Sport
Unit Standard	120207
Accreditation	SAQA Accredited · NQF Level 5 · 6 Credits
Duration	3 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply coaching principles to assess and improve learners' golfing techniques.
- Analyze individual learner needs to tailor coaching sessions effectively.
- Design structured practice sessions that develop specific golfing skills.
- Implement feedback and communication strategies to motivate and guide learners.
- Demonstrate ethical and professional conduct in coaching interactions.
- Evaluate learner progress and adjust coaching approaches accordingly.

WHO SHOULD ATTEND

- This course is designed for golf instructors, sports coaches, and physical education teachers seeking to integrate formal coaching methodologies into their golf teaching practice.

COURSE OUTLINE

Day 1: Foundations of Coaching and Golfing Skills

- Introduction to coaching principles and ethics.
- Overview of golfing skills: grip, stance, swing, and putting.
- Communication skills for coaches: questioning, listening, and feedback.
- Learning styles and adapting coaching methods.
- Goal setting and session planning for golf training.

Day 2: Coaching Techniques and Skill Development

- Breaking down golf techniques into teachable components.
- Common errors in golf and corrective coaching strategies.
- Designing and implementing skill-specific drills.
- Assessment methods: observation, video analysis, and feedback.
- Incorporating mental skills: focus, visualisation, and routine.

Day 3: Practical Application and Coaching Integration

- Session planning: warm-up, main activity, cool-down.
- Coaching individuals vs. groups: strategies and challenges.
- Evaluation tools: checklists, performance metrics, and learner feedback.
- Safety considerations: equipment, environment, and injury prevention.
- Reflective practice and continuous improvement in coaching.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **6 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 18,800.00	R 18,800.00
1	In-House	R 24,500.00	R 24,500.00
1	On-Campus (Pretoria)	R 28,100.00	R 28,100.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	12 Aug 2026	On-Campus	Abu Dhabi, UAE
10 Aug 2026	12 Aug 2026	On-Campus	Cape Town, South Africa
11 Aug 2026	13 Aug 2026	On-Campus	Durban, South Africa
11 Aug 2026	13 Aug 2026	On-Campus	Dubai, UAE
12 Aug 2026	14 Aug 2026	On-Campus	Pretoria, South Africa
12 Aug 2026	14 Aug 2026	On-Campus	Mauritius
17 Aug 2026	19 Aug 2026	On-Campus	Durban, South Africa
17 Aug 2026	19 Aug 2026	On-Campus	Dubai, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 120207) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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