



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aaticd.co.za · Website: www.aaticd.co.za

COURSE BROCHURE

Describe The Use Of Relationships For Developmental And Therapeutic Ends In Probation Work Training

Health Sciences and Social Services / Promotive Health and Developmental Services

Unit Standard 120283 · NQF Level 4 · 8 Credits · 5 Days

COURSE OVERVIEW

This course equips probation officers and social service professionals with the knowledge and skills to harness professional relationships for developmental and therapeutic outcomes. Participants will explore theoretical frameworks and practical techniques to foster client growth, rehabilitation, and reintegration within the criminal justice system.

Category	Health Sciences and Social Services
Subfield	Promotive Health and Developmental Services
Unit Standard	120283
Accreditation	SAQA Accredited · NQF Level 4 · 8 Credits
Duration	5 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply relational theories to design intervention strategies that support client development and therapeutic change.
- Analyze the dynamics of professional relationships in probation settings to identify opportunities for therapeutic engagement.
- Evaluate the effectiveness of relationship-based approaches in achieving developmental and therapeutic goals.
- Implement communication and boundary-setting techniques that maintain ethical and effective working alliances.
- Demonstrate reflective practice skills to continuously improve relationship-based interventions.
- Design case plans that integrate relationship-building as a core component of rehabilitation and reintegration.

WHO SHOULD ATTEND

- This course is designed for probation officers, social workers, and other professionals working in correctional services, child and youth care, or community-based rehabilitation programs.

COURSE OUTLINE

Day 1: Foundations of Relationship-Based Practice in Probation Work

- Introduction to probation work and the importance of relationships.
- Theoretical foundations: attachment theory, person-centred approach, and systemic thinking.
- Developmental vs. therapeutic relationships: purposes and boundaries.
- Ethical principles: confidentiality, informed consent, and dual relationships.
- Self-reflection: exploring own values and biases in relationship building.

Day 2: Building and Maintaining Professional Relationships

- Core communication skills: active listening, open questioning, and paraphrasing.
- Empathy in practice: validating feelings and experiences.
- Managing power imbalances: collaborative goal-setting.
- Boundary setting: balancing support and accountability.
- Engaging resistance: motivational interviewing basics.
- Cultural sensitivity in relationship building.

Day 3: Using Relationships for Developmental Ends

- Developmental goals in probation: education, employment, life skills.
- Strengths-based practice: identifying and leveraging assets.
- Solution-focused techniques: scaling questions and exception finding.
- Resilience building through relational support.
- Case study: developmental relationship in action.
- Linking probationers to community resources.

Day 4: Using Relationships for Therapeutic Ends

- Therapeutic aims: healing, behaviour change, and reducing reoffending.
- Trauma-informed care: safety, trustworthiness, and collaboration.
- Cognitive-behavioural techniques in relational context.
- Substance abuse interventions: motivational enhancement and relapse prevention.
- Crisis intervention: de-escalation and referral pathways.
- Self-care for probation officers to prevent burnout.

Day 5: Integration, Evaluation, and Professional Development

- Integrating developmental and therapeutic goals: case formulation.
- Measuring relationship outcomes: tools and supervision.
- Reflective practice: journaling and peer consultation.
- Complex case analysis: multi-problem clients.
- Professional development: training, supervision, and ethics renewal.
- Final assessment and course wrap-up.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **8 NQF credits** at **NQF Level 4**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 23,000.00	R 23,000.00
1	In-House	R 29,900.00	R 29,900.00
1	On-Campus (Pretoria)	R 34,500.00	R 34,500.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	14 Aug 2026	On-Campus	Durban, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Abu Dhabi, UAE
10 Aug 2026	14 Aug 2026	On-Campus	Pretoria, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Dubai, UAE
10 Aug 2026	14 Aug 2026	On-Campus	Cape Town, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Mauritius
17 Aug 2026	21 Aug 2026	On-Campus	Dubai, UAE
17 Aug 2026	21 Aug 2026	On-Campus	Pretoria, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

- 1. Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 120283) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
- 2. Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
- 3. Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
- 4. Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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