



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Provide Risk Based Primary Emergency Care First Aid As An Advanced First Responder In The Workplace Training

Health Sciences and Social Services / Preventive Health

Unit Standard 120336 · NQF Level 3 · 6 Credits · 3 Days

COURSE OVERVIEW

This course equips learners with the advanced knowledge and practical skills to provide risk-based primary emergency care as a first responder in the workplace. It focuses on assessing emergency situations, prioritizing care based on risk, and delivering appropriate first aid interventions until professional medical help arrives. The training ensures compliance with South African occupational health and safety regulations and promotes a culture of safety in the workplace.

Category	Health Sciences and Social Services
Subfield	Preventive Health
Unit Standard	120336
Accreditation	SAQA Accredited · NQF Level 3 · 6 Credits
Duration	3 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply risk assessment principles to identify and prioritize emergency situations in the workplace.
- Demonstrate advanced first aid techniques for managing life-threatening conditions such as cardiac arrest, severe bleeding, and airway obstruction.
- Evaluate the effectiveness of emergency care interventions and adjust treatment plans based on patient response.
- Implement appropriate infection control measures and use personal protective equipment during emergency care.
- Coordinate with emergency medical services and communicate patient information effectively.
- Analyze workplace hazards and develop strategies to prevent emergencies and reduce risks.

WHO SHOULD ATTEND

- This course is designed for individuals designated as advanced first responders in the workplace, including safety officers, team leaders, and employees responsible for emergency response.
- It is suitable for those who have completed basic first aid training and wish to advance their skills to manage complex emergencies.

COURSE OUTLINE

Day 1: Foundational Principles of Risk-Based Emergency Care

- Introduction to SAQA unit standard 120336 and workplace first aid requirements
- Legal and ethical responsibilities of an advanced first responder
- Risk assessment principles: hazard identification, risk evaluation, and control measures
- Primary survey (DRABC) and secondary survey techniques
- Basic life support: CPR for adults, children, and infants
- Infection prevention and control, including use of PPE
- Scene management and communication with emergency services

Day 2: Intermediate Emergency Care and Medical Emergencies

- Recognition and management of medical emergencies: heart attack, stroke, asthma, diabetes, seizures
- Anaphylaxis management including auto-injector use
- Trauma care: severe bleeding control, wound management, splinting fractures
- Spinal injury assessment and immobilisation techniques
- Oxygen therapy and AED operation
- Emergency action planning for common workplace risks (e.g., chemical spills, electrical incidents)
- Practical scenarios integrating risk-based decision-making

Day 3: Advanced Interventions and Practical Integration

- Advanced airway management: oropharyngeal and nasopharyngeal airways, suctioning
- Administration of emergency medications (e.g., aspirin, oxygen, naloxone)
- Triage and management of multiple casualties
- Emergency evacuation and transport considerations
- Incident reporting, documentation, and debriefing
- Practical simulations of complex workplace emergencies
- Summative assessment: scenario-based evaluation of risk-based primary emergency care

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **6 NQF credits** at **NQF Level 3**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 17,900.00	R 17,900.00
1	In-House	R 23,300.00	R 23,300.00
1	On-Campus (Pretoria)	R 26,800.00	R 26,800.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	12 Aug 2026	On-Campus	Durban, South Africa
10 Aug 2026	12 Aug 2026	On-Campus	Dubai, UAE
11 Aug 2026	13 Aug 2026	On-Campus	Pretoria, South Africa
11 Aug 2026	13 Aug 2026	On-Campus	Mauritius
12 Aug 2026	14 Aug 2026	On-Campus	Abu Dhabi, UAE
12 Aug 2026	14 Aug 2026	On-Campus	Cape Town, South Africa
17 Aug 2026	19 Aug 2026	On-Campus	Shenzhen, China
17 Aug 2026	19 Aug 2026	On-Campus	Pretoria, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

- 1. Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 120336) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
- 2. Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
- 3. Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
- 4. Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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