



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Worksite Assessment for Work at Height & Fall Protection Plan

Services / Cleaning, Domestic, Hiring, Property and Rescue Services

Unit Standard 229994 · NQF Level 4 · 3 Credits · 1 Day

COURSE OVERVIEW

This course equips learners with the competencies to systematically assess worksites where work at height is performed, identify fall hazards, and develop comprehensive fall protection plans. Participants will gain the skills to ensure compliance with South African health and safety legislation and industry best practices, ultimately reducing the risk of fall-related incidents.

Category	Services
Subfield	Cleaning, Domestic, Hiring, Property and Rescue Services
Unit Standard	229994
Accreditation	SAQA Accredited · NQF Level 4 · 3 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Identify and evaluate fall hazards at a worksite through systematic inspection and risk assessment methodologies.
- Apply relevant South African legislation and standards (e.g., OHS Act, SANS 10085) to the assessment and planning process.
- Design a fall protection plan that includes selection of appropriate fall arrest systems, anchor points, and rescue procedures.
- Demonstrate the ability to document and communicate the fall protection plan to all relevant stakeholders.
- Analyze the effectiveness of existing fall protection measures and recommend improvements based on assessment findings.

WHO SHOULD ATTEND

- Safety officers, health and safety representatives, site supervisors, and any personnel responsible for planning or overseeing work at height activities in industries such as construction, maintenance, telecommunications, and warehousing.

COURSE OUTLINE

Day 1: Worksite Assessment & Fall Protection Planning

- Introduction to work at height legislation (OHSA, SANS 10085-1, SANS 50081)
- Hazard identification and risk assessment for fall hazards
- Hierarchy of fall protection: elimination, prevention, arrest
- Selection and inspection of fall protection equipment (harnesses, lanyards, anchor points)
- Emergency rescue planning and procedures
- Developing a fall protection plan: scope, roles, procedures
- Documentation and record-keeping requirements
- Case studies and group exercise on worksite assessment

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **3 NQF credits** at **NQF Level 4**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 12,800.00	R 12,800.00
1	In-House	R 16,600.00	R 16,600.00
1	On-Campus (Pretoria)	R 19,200.00	R 19,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
11 Aug 2026	11 Aug 2026	On-Campus	Dubai, UAE
12 Aug 2026	12 Aug 2026	On-Campus	Pretoria, South Africa
13 Aug 2026	13 Aug 2026	On-Campus	Abu Dhabi, UAE
13 Aug 2026	13 Aug 2026	On-Campus	Mauritius
14 Aug 2026	14 Aug 2026	On-Campus	Durban, South Africa
14 Aug 2026	14 Aug 2026	On-Campus	Cape Town, South Africa
17 Aug 2026	17 Aug 2026	On-Campus	Harare, Zimbabwe
17 Aug 2026	17 Aug 2026	On-Campus	Pretoria, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 229994) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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