



## Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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### COURSE BROCHURE

# Rope Access Rigging, Rescue and Tasks

Services / Cleaning, Domestic, Hiring, Property and Rescue Services

Unit Standard 229996 · NQF Level 3 · 6 Credits · 3 Days

## COURSE OVERVIEW

This course equips learners with the advanced skills needed to rig working ropes, perform rescues, and execute a range of rope access tasks in compliance with SAQA unit standard 229996. It focuses on safe and efficient work at height, ensuring participants can manage rope systems, conduct rescues, and complete tasks such as inspections and maintenance in industrial settings.

|                 |                                                          |
|-----------------|----------------------------------------------------------|
| Category        | Services                                                 |
| Subfield        | Cleaning, Domestic, Hiring, Property and Rescue Services |
| Unit Standard   | 229996                                                   |
| Accreditation   | SAQA Accredited · NQF Level 3 · 6 Credits                |
| Duration        | 3 days                                                   |
| Training Method | Online, On-Campus, In-House                              |
| Certificate     | Issued via AATICD LMS – verifiable online                |

## LEARNING OUTCOMES

- Demonstrate the ability to rig and inspect working ropes for rope access operations.
- Apply rescue techniques to retrieve an incapacitated person from a rope access system.
- Perform a range of rope access tasks including ascending, descending, and traversing.
- Evaluate the integrity of rope access equipment and identify potential hazards.
- Implement emergency procedures and manage rescue scenarios effectively.
- Demonstrate safe work practices in accordance with relevant regulations and standards.

## WHO SHOULD ATTEND

- This course is designed for rope access technicians, safety professionals, and industrial workers who need to perform rope access tasks and rescues at height, typically in sectors such as construction, mining, energy, and maintenance.

## COURSE OUTLINE

### Day 1: Fundamentals of Rope Access Rigging

- Introduction to rope access standards (SAQA, IRATA, SPRAT).
- Equipment selection, inspection, and maintenance.
- Knots: figure-8, clove hitch, Prusik, and stopper knots.
- Anchor systems: natural, structural, and re-belay anchors.
- Rope management and edge protection.
- Basic descent and ascent techniques.
- Fall arrest systems and lanyards.
- Safety briefings and risk assessment.

### Day 2: Rescue Systems and Advanced Rigging

- Mechanical advantage: 3:1, 5:1, and compound systems.
- Rescue plan development and team roles.
- Pick-off rescues: vertical and horizontal.
- Stretcher packaging and attachment.
- Tensioned lines and slack-tending.
- Deviation and re-direction anchors.
- Tool tethering and material handling.
- Emergency procedures and communication.

### Day 3: Integrated Rescue Scenarios and Task Execution

- Scenario-based rescue: simulated casualty with injuries.
- Rigging for confined space and edge transitions.
- Advanced lowering and raising with changeovers.
- Team leadership and communication under pressure.
- Post-rescue equipment inspection and reporting.
- Written knowledge test review.
- Final practical assessment.
- Course debrief and certification requirements.

## ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **6 NQF credits** at **NQF Level 3**.

## PRICING (PER DELEGATE, EX-VAT)

| Delegates | Training Method      | Price per Delegate | Total       |
|-----------|----------------------|--------------------|-------------|
| 1         | Online               | R 17,900.00        | R 17,900.00 |
| 1         | In-House             | R 23,300.00        | R 23,300.00 |
| 1         | On-Campus (Pretoria) | R 26,800.00        | R 26,800.00 |

## UPCOMING SESSIONS

| Start       | End         | Method    | Venue                   |
|-------------|-------------|-----------|-------------------------|
| 10 Aug 2026 | 12 Aug 2026 | On-Campus | Abu Dhabi, UAE          |
| 10 Aug 2026 | 12 Aug 2026 | On-Campus | Dubai, UAE              |
| 10 Aug 2026 | 12 Aug 2026 | On-Campus | Mauritius               |
| 12 Aug 2026 | 14 Aug 2026 | On-Campus | Durban, South Africa    |
| 12 Aug 2026 | 14 Aug 2026 | On-Campus | Pretoria, South Africa  |
| 12 Aug 2026 | 14 Aug 2026 | On-Campus | Cape Town, South Africa |
| 17 Aug 2026 | 19 Aug 2026 | On-Campus | Pretoria, South Africa  |
| 17 Aug 2026 | 19 Aug 2026 | On-Campus | Durban, South Africa    |

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

## HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit [www.aaticd.co.za](http://www.aaticd.co.za), open the page for this course (Unit Standard 229996) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to [apply@aaticd.co.za](mailto:apply@aaticd.co.za) – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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