



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Develop Implement Maintain SHE Management System

Health Sciences and Social Services / Preventive Health

Unit Standard 244283 · NQF Level 5 · 10 Credits · 7 Days

COURSE OVERVIEW

This course equips learners with the competencies to facilitate the development, implementation, and maintenance of a Safety, Health and Environment (SHE) management system in the workplace. Participants will gain the skills to identify hazards, assess risks, and ensure compliance with relevant legislation and organisational policies.

Category	Health Sciences and Social Services
Subfield	Preventive Health
Unit Standard	244283
Accreditation	SAQA Accredited · NQF Level 5 · 10 Credits
Duration	7 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Demonstrate an understanding of the requirements for developing a SHE management system.
- Apply relevant legislation and organisational policies to the development of a SHE management system.
- Facilitate the implementation of a SHE management system in the workplace.
- Evaluate the effectiveness of a SHE management system and identify areas for improvement.
- Implement corrective and preventive actions to maintain the SHE management system.
- Communicate SHE information effectively to stakeholders at all levels.

WHO SHOULD ATTEND

- This course is intended for managers, supervisors, safety representatives, and any individuals responsible for developing, implementing, or maintaining SHE management systems within their organisations.

COURSE OUTLINE

Day 1: Introduction to SHE Management Systems

- Overview of SHE management systems
- Legal framework: OHS Act, Regulations, and SANS standards
- ISO 45001 and ISO 14001 requirements
- Plan-Do-Check-Act model
- Roles and responsibilities of management, supervisors, and employees
- Benefits of an effective SHE system

Day 2: Hazard Identification and Risk Assessment (HIRA)

- Hazard identification methods (checklists, inspections, JSA)
- Risk assessment techniques (qualitative, quantitative)
- Risk ranking and prioritisation
- Hierarchy of controls (elimination to PPE)
- Developing a risk register
- Legal requirements for risk assessments

Day 3: SHE Policy, Objectives, and Planning

- Writing an SHE policy
- Setting measurable objectives and targets
- SHE management plans and programmes
- Resource allocation (people, equipment, budget)
- Legal and other requirements
- Management review process

Day 4: Operational Control and Emergency Preparedness

- Operational control procedures
- Safe work permits and procedures
- Contractor management
- Emergency planning and response
- Fire, chemical spill, and first aid drills
- Post-incident evaluation and improvement

Day 5: Monitoring, Measurement, and Evaluation

- Key performance indicators (KPIs) for SHE
- Inspection and audit techniques
- Incident investigation and reporting
- Non-conformance and corrective actions
- Compliance evaluation
- Data analysis and trending

Day 6: Training, Competence, and Communication

- Competence requirements and training needs analysis
- Training delivery methods
- SHE communication strategies
- Consultation with workers and stakeholders
- Behaviour-based safety

- Building a safety culture

Day 7: Implementation, Maintenance, and Continuous Improvement

- Implementing the SHE system
- Document control and record keeping
- Internal audit programme
- Management review meeting
- Corrective and preventive actions
- Continuous improvement and certification readiness

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **10 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 29,600.00	R 29,600.00
1	In-House	R 38,500.00	R 38,500.00
1	On-Campus (Pretoria)	R 44,400.00	R 44,400.00

UPCOMING SESSIONS

Start	End	Method	Venue
03 Aug 2026	11 Aug 2026	On-Campus	Dubai, UAE
04 Aug 2026	12 Aug 2026	On-Campus	Pretoria, South Africa
04 Aug 2026	12 Aug 2026	On-Campus	Lagos, Nigeria
05 Aug 2026	13 Aug 2026	On-Campus	Johannesburg, South Africa
06 Aug 2026	14 Aug 2026	On-Campus	Mauritius
07 Aug 2026	17 Aug 2026	On-Campus	Cape Town, South Africa
10 Aug 2026	18 Aug 2026	On-Campus	Pretoria, South Africa
11 Aug 2026	19 Aug 2026	On-Campus	Abu Dhabi, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 244283) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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