



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Occupational Health and Safety in the Workplace

Health Sciences and Social Services / Preventive Health

Unit Standard 244285 · NQF Level 5 · 5 Credits · 2 Days

COURSE OVERVIEW

This course equips learners with the knowledge and skills to promote a safe and healthy work environment. It covers hazard identification, risk assessment, and implementation of control measures in line with South African occupational health and safety legislation.

Category	Health Sciences and Social Services
Subfield	Preventive Health
Unit Standard	244285
Accreditation	SAQA Accredited · NQF Level 5 · 5 Credits
Duration	2 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Identify hazards and assess associated risks in the workplace.
- Apply relevant occupational health and safety legislation and regulations.
- Implement control measures to eliminate or minimize workplace hazards.
- Demonstrate effective communication of health and safety information.
- Evaluate the effectiveness of health and safety measures in the workplace.

WHO SHOULD ATTEND

- This course is designed for supervisors, team leaders, health and safety representatives, and any employees responsible for maintaining workplace safety in their respective areas.

COURSE OUTLINE

Day 1: Foundations of Occupational Health and Safety

- Introduction to occupational health and safety: definitions and importance.
- Legal framework: OHS Act, regulations, and standards (e.g., SANS).
- Roles and responsibilities: employer, employee, H&S; representatives, and committees.
- Hazard identification: physical, chemical, biological, ergonomic, and psychosocial hazards.
- Risk assessment process: identifying, evaluating, and prioritizing risks.
- Hierarchy of controls: elimination, substitution, engineering controls, administrative controls, PPE.
- Workplace inspections: purpose, frequency, and documentation.
- Incident reporting and investigation basics.

Day 2: Implementing and Managing OHS in the Workplace

- OHS policy development: key elements and communication.
- Safety inspections: checklists, reporting, and follow-up.
- Incident investigation: root cause analysis and corrective actions.
- Risk control implementation: case studies and practical applications.
- Emergency preparedness: fire safety, first aid, evacuation plans.
- Health and safety committees: functions and meeting procedures.
- Promoting a safety culture: training, communication, and employee involvement.
- Review and continuous improvement: monitoring, auditing, and management review.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **5 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 11,900.00	R 11,900.00
1	In-House	R 15,400.00	R 15,400.00
1	On-Campus (Pretoria)	R 17,800.00	R 17,800.00

UPCOMING SESSIONS

Start	End	Method	Venue
25 Aug 2026	26 Aug 2026	On-Campus	Bangkok, Thailand
25 Aug 2026	26 Aug 2026	On-Campus	Shenzhen, China
25 Aug 2026	26 Aug 2026	On-Campus	Abu Dhabi, UAE
27 Aug 2026	28 Aug 2026	On-Campus	Victoria Falls, Zimbabwe
27 Aug 2026	28 Aug 2026	On-Campus	Harare, Zimbabwe
27 Aug 2026	28 Aug 2026	On-Campus	Durban, South Africa
31 Aug 2026	01 Sep 2026	On-Campus	Harare, Zimbabwe
31 Aug 2026	01 Sep 2026	On-Campus	Victoria Falls, Zimbabwe

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 244285) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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