



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aatikd.co.za · Website: www.aatikd.co.za

COURSE BROCHURE

Managing Dread Diseases Including HIV/AIDS Effects

Business, Commerce and Management Studies / Generic Management

Unit Standard 252033 · NQF Level 5 · 8 Credits · 5 Days

COURSE OVERVIEW

This course equips learners with the knowledge and skills to effectively deal with the effects of dread diseases, particularly HIV/AIDS, in the workplace and community. Participants will explore the medical, social, and psychological impacts, and develop strategies for prevention, support, and management. The course aims to foster a compassionate and informed response to reduce stigma and promote well-being.

Category	Business, Commerce and Management Studies
Subfield	Generic Management
Unit Standard	252033
Accreditation	SAQA Accredited · NQF Level 5 · 8 Credits
Duration	5 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Demonstrate an understanding of the nature and effects of dread diseases including HIV/AIDS.
- Apply appropriate strategies to prevent the spread of HIV/AIDS and other dread diseases.
- Analyze the psychosocial and economic impacts of dread diseases on individuals and organisations.
- Evaluate workplace policies and practices related to dread diseases and recommend improvements.
- Implement support systems for affected individuals while maintaining confidentiality and respect.
- Develop awareness campaigns to reduce stigma and promote a supportive environment.

WHO SHOULD ATTEND

- This course is designed for managers, supervisors, HR professionals, and employees who wish to understand and address the impact of dread diseases such as HIV/AIDS in their work environment and beyond.

COURSE OUTLINE

Day 1: Understanding Dread Diseases and HIV/AIDS Basics

- Introduction to dread diseases: definitions and examples.
- HIV structure, life cycle, and transmission routes.
- From HIV to AIDS: clinical stages and opportunistic infections.
- Epidemiology of HIV/AIDS in South Africa.
- Stigma and discrimination: causes and consequences.
- Legal and ethical frameworks: confidentiality and disclosure.

Day 2: Prevention, Testing, and Counselling

- Biomedical prevention: antiretroviral-based prevention (PrEP, PEP).
- Barrier methods and safe sex practices.
- HIV testing algorithms: rapid tests, ELISA, PCR.
- Pre- and post-test counselling principles.
- Managing test results: negative, positive, and indeterminate.
- Linkage to care after a positive diagnosis.

Day 3: Treatment and Care for HIV/AIDS

- ART drug classes and mechanisms of action.
- First-line and second-line ART regimens.
- Monitoring: CD4 count, viral load, and resistance testing.
- Common opportunistic infections: TB, cryptococcal meningitis, PCP.
- Adherence challenges and support strategies.
- Palliative care principles for advanced HIV.

Day 4: Psychosocial and Community Support

- Psychosocial impact: mental health, anxiety, depression.
- Support groups: peer support and adherence clubs.
- Nutrition and HIV: dietary guidelines and supplements.
- Disclosure: timing, strategies, and support.
- Sexual and reproductive health for PLHIV.
- Preventing mother-to-child transmission (PMTCT).

Day 5: Integration, Advocacy, and Sustainability

- Comprehensive care planning: medical, psychosocial, and support.
- Advocacy: reducing stigma, promoting rights, and policy change.
- Sustainability of HIV programmes: funding, human resources, monitoring.
- Case study presentations and group discussions.
- Course review and assessment.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **8 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 24,200.00	R 24,200.00
1	In-House	R 31,400.00	R 31,400.00
1	On-Campus (Pretoria)	R 36,200.00	R 36,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
17 Aug 2026	21 Aug 2026	On-Campus	Harare, Zimbabwe
17 Aug 2026	21 Aug 2026	On-Campus	Shenzhen, China
17 Aug 2026	21 Aug 2026	On-Campus	Durban, South Africa
17 Aug 2026	21 Aug 2026	On-Campus	Abu Dhabi, UAE
17 Aug 2026	21 Aug 2026	On-Campus	Pretoria, South Africa
17 Aug 2026	21 Aug 2026	On-Campus	Dubai, UAE
24 Aug 2026	28 Aug 2026	On-Campus	Abu Dhabi, UAE
24 Aug 2026	28 Aug 2026	On-Campus	Durban, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

- 1. Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 252033) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
- 2. Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
- 3. Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
- 4. Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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