



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aaticd.co.za · Website: www.aaticd.co.za

COURSE BROCHURE

Team Building for Goal Achievement

Business, Commerce and Management Studies / Generic Management

Unit Standard 252037 · NQF Level 5 · 6 Credits · 3 Days

COURSE OVERVIEW

This course equips team leaders and managers with the skills to build cohesive teams that work collaboratively towards shared goals. Participants will learn to align team objectives with organisational strategy, foster accountability, and resolve conflicts to enhance team performance.

Category	Business, Commerce and Management Studies
Subfield	Generic Management
Unit Standard	252037
Accreditation	SAQA Accredited · NQF Level 5 · 6 Credits
Duration	3 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply team-building strategies to align team goals with organisational objectives.
- Analyze team dynamics and identify factors that influence team performance.
- Evaluate team roles and responsibilities to optimise collaboration and accountability.
- Design a team development plan that includes conflict resolution and communication strategies.
- Implement techniques to motivate team members and foster a shared vision.
- Demonstrate effective facilitation of team meetings and decision-making processes.

WHO SHOULD ATTEND

- Team leaders, supervisors, project managers, and anyone responsible for leading a team in a corporate environment.

COURSE OUTLINE

Day 1: Foundations of Team Dynamics and Goal Alignment

- Introduction to team building and its impact on goal achievement
- The Tuckman model: forming, storming, norming, performing
- Goal-setting theory: SMART goals and OKRs
- Team roles: Belbin or similar assessment
- Aligning team goals with organisational strategy
- Communication fundamentals for teams
- Trust and psychological safety in teams
- Creating a team charter

Day 2: Communication, Collaboration, and Conflict Resolution

- Active listening and feedback models
- Non-verbal communication and cultural awareness
- Conflict resolution styles and the Thomas-Kilmann model
- Mediation and negotiation skills
- Decision-making techniques: consensus, majority, and delegated
- Building accountability through role clarity
- Collaborative problem-solving methods
- Case studies: real-world team challenges

Day 3: Sustaining High Performance and Continuous Improvement

- Motivation theories: Herzberg, McClelland, and self-determination
- Celebrating wins and recognising contributions
- Performance dashboards and KPIs for teams
- After-action reviews and retrospectives
- Adaptive leadership and agile team practices
- Building resilience and managing change
- Creating a team development roadmap
- Presentation of team action plans

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **6 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 18,800.00	R 18,800.00
1	In-House	R 24,500.00	R 24,500.00
1	On-Campus (Pretoria)	R 28,100.00	R 28,100.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	12 Aug 2026	On-Campus	Abu Dhabi, UAE
10 Aug 2026	12 Aug 2026	On-Campus	Cape Town, South Africa
11 Aug 2026	13 Aug 2026	On-Campus	Durban, South Africa
11 Aug 2026	13 Aug 2026	On-Campus	Dubai, UAE
12 Aug 2026	14 Aug 2026	On-Campus	Pretoria, South Africa
12 Aug 2026	14 Aug 2026	On-Campus	Mauritius
17 Aug 2026	19 Aug 2026	On-Campus	Durban, South Africa
17 Aug 2026	19 Aug 2026	On-Campus	Dubai, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 252037) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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