



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Care Plan Development with Patient Collaboration

Health Sciences and Social Services / Curative Health

Unit Standard 252100 · NQF Level 6 · 10 Credits · 7 Days

COURSE OVERVIEW

This course equips healthcare workers with the skills to develop comprehensive care plans in active collaboration with patients and/or carers. It emphasizes patient-centred care, shared decision-making, and the integration of patient preferences into clinical planning to improve health outcomes.

Category	Health Sciences and Social Services
Subfield	Curative Health
Unit Standard	252100
Accreditation	SAQA Accredited · NQF Level 6 · 10 Credits
Duration	7 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply principles of patient-centred care to initiate collaborative care planning.
- Analyze patient and carer needs, preferences, and resources to inform care plan goals.
- Design a care plan that integrates clinical requirements with patient and carer input.
- Implement the care plan through coordinated actions with the patient, carer, and multidisciplinary team.
- Evaluate the effectiveness of the care plan and revise collaboratively based on feedback and outcomes.

WHO SHOULD ATTEND

- Nurses, care workers, community health workers, and other healthcare professionals involved in patient care planning in hospitals, clinics, or home-based care settings.

COURSE OUTLINE

Day 1: Foundations of Patient-Centred Care Planning

- Introduction to patient-centred care
- Definitions and purpose of care plans
- Legal and ethical considerations (Consumer Protection Act, National Health Act)
- Roles and responsibilities of healthcare team members
- Overview of the care planning process
- Benefits of collaborative care planning

Day 2: Patient Assessment and Data Collection

- Holistic assessment frameworks (e.g., Gordon's Functional Health Patterns)
- Interviewing and active listening techniques
- Physical assessment basics
- Psychosocial and spiritual assessment
- Using assessment tools (e.g., pain scales, risk assessments)
- Documentation standards and confidentiality

Day 3: Collaborative Goal Setting and Care Planning

- SMART goal setting with patients
- Types of care plan interventions (independent, collaborative, referral)
- Prioritisation frameworks (e.g., Maslow, ABC)
- Writing care plan components: problems, goals, interventions, outcomes
- Involving family and caregivers in planning

Day 4: Interprofessional Collaboration and Care Coordination

- Roles of different healthcare professionals
- Team communication tools (SBAR, ISBAR)
- Care coordination processes (discharge planning, case conferences)
- Referral pathways in South African healthcare
- Conflict resolution strategies

Day 5: Cultural Sensitivity and Health Literacy in Care Planning

- Cultural competence in healthcare
- Health literacy assessment and strategies
- Language interpretation services
- Integrating cultural practices into care plans
- Ethical considerations in cross-cultural care

Day 6: Monitoring, Evaluation, and Care Plan Revision

- Monitoring tools and frequency
- Outcome evaluation methods
- Triggers for care plan revision
- Documentation of changes and rationale
- Communicating updates to patients and team

Day 7: Quality Improvement and Advanced Care Planning

- Quality improvement models (PDSA, Lean)
- Advanced care planning (palliative care, end-of-life)

- Electronic health records and care plan templates
- Case studies in complex care planning
- Self-reflection and professional development

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **10 NQF credits** at **NQF Level 6**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 22,800.00	R 22,800.00
1	In-House	R 29,600.00	R 29,600.00
1	On-Campus (Pretoria)	R 34,100.00	R 34,100.00

UPCOMING SESSIONS

Start	End	Method	Venue
21 Aug 2026	31 Aug 2026	On-Campus	Shenzhen, China
24 Aug 2026	01 Sep 2026	On-Campus	Bangkok, Thailand
25 Aug 2026	02 Sep 2026	On-Campus	Victoria Falls, Zimbabwe
25 Aug 2026	02 Sep 2026	On-Campus	Abu Dhabi, UAE
26 Aug 2026	03 Sep 2026	On-Campus	Durban, South Africa
27 Aug 2026	04 Sep 2026	On-Campus	Shenzhen, China
28 Aug 2026	07 Sep 2026	On-Campus	Harare, Zimbabwe
31 Aug 2026	08 Sep 2026	On-Campus	Victoria Falls, Zimbabwe

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 252100) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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