



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Leading and Mentoring Outdoor Adventure Participants

Services / Hospitality, Tourism, Travel, Gaming and Leisure

Unit Standard 252187 · NQF Level 5 · 4 Credits · 1 Day

COURSE OVERVIEW

This course equips leaders and mentors with the skills to plan, guide, and support participants in outdoor adventure experiences. It focuses on safety, group dynamics, and personal development to ensure meaningful and responsible adventure activities.

Category	Services
Subfield	Hospitality, Tourism, Travel, Gaming and Leisure
Unit Standard	252187
Accreditation	SAQA Accredited · NQF Level 5 · 4 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply principles of experiential learning to design and facilitate outdoor adventure activities.
- Analyze group dynamics and adapt leadership styles to ensure participant safety and engagement.
- Evaluate risk factors in outdoor environments and implement appropriate safety measures.
- Demonstrate effective communication and mentoring techniques to support participant growth.
- Plan and structure adventure experiences that align with participant needs and organizational goals.

WHO SHOULD ATTEND

- Outdoor instructors, guides, and team leaders who are responsible for leading and mentoring groups in adventure settings, such as hiking, kayaking, or ropes courses.

COURSE OUTLINE

Day 1: Foundations of Leading and Mentoring in Outdoor Adventure

- Introduction to leadership and mentoring in outdoor adventure.
- Key qualities of effective outdoor leaders and mentors.
- Communication techniques for diverse participant groups.
- Group dynamics and facilitation skills.
- Risk management and decision-making in outdoor settings.
- Ethical considerations and inclusivity in outdoor programmes.
- Reflective practice for continuous improvement.
- Practical application: role-playing leadership scenarios.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **4 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 13,400.00	R 13,400.00
1	In-House	R 17,400.00	R 17,400.00
1	On-Campus (Pretoria)	R 20,200.00	R 20,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	10 Aug 2026	On-Campus	Dubai, UAE
11 Aug 2026	11 Aug 2026	On-Campus	Pretoria, South Africa
12 Aug 2026	12 Aug 2026	On-Campus	Abu Dhabi, UAE
13 Aug 2026	13 Aug 2026	On-Campus	Durban, South Africa
13 Aug 2026	13 Aug 2026	On-Campus	Mauritius
14 Aug 2026	14 Aug 2026	On-Campus	Cape Town, South Africa
17 Aug 2026	17 Aug 2026	On-Campus	Pretoria, South Africa
18 Aug 2026	18 Aug 2026	On-Campus	Abu Dhabi, UAE

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 252187) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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