



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

HIV Pre-Test Information and Support Provision

Health Sciences and Social Services / Preventive Health

Unit Standard 252403 · NQF Level 4 · 8 Credits · 5 Days

COURSE OVERVIEW

This course equips learners with the knowledge and skills to provide accurate, non-judgmental pre-test information to individuals considering an HIV test. It covers the key elements of informed consent, confidentiality, and emotional support to ensure clients make informed decisions. The training aligns with South African health protocols and ethical standards.

Category	Health Sciences and Social Services
Subfield	Preventive Health
Unit Standard	252403
Accreditation	SAQA Accredited · NQF Level 4 · 8 Credits
Duration	5 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply the principles of informed consent and confidentiality when providing pre-test information.
- Demonstrate effective communication skills to address client concerns and questions about HIV testing.
- Analyze the emotional and social factors that may influence a client's decision to test.
- Evaluate the client's readiness for testing and provide appropriate support.
- Implement pre-test procedures according to national guidelines and protocols.
- Demonstrate respect for diversity and non-discriminatory practices in pre-test interactions.

WHO SHOULD ATTEND

- This course is designed for healthcare workers, HIV counsellors, community health workers, and any professionals involved in HIV testing services in South Africa.

COURSE OUTLINE

Day 1: Foundations of HIV and Pre-Test Information

- Overview of HIV: virus structure, transmission routes, and disease progression.
- Introduction to pre-test information: definition, goals, and legal framework.
- Ethical considerations: confidentiality, autonomy, and non-discrimination.
- Informed consent: elements and process in HIV testing.
- National HIV testing guidelines and policies.
- Role of the pre-test counselor: responsibilities and boundaries.
- Stigma and discrimination: impact on testing uptake.
- Communication basics for pre-test sessions.

Day 2: Communication Skills and Risk Assessment

- Client-centered approach: principles and benefits.
- Verbal communication: open-ended questions, paraphrasing, and summarising.
- Non-verbal communication: eye contact, posture, and tone.
- Risk assessment: sexual history, injection drug use, and occupational exposure.
- Barriers to testing: fear, stigma, and lack of knowledge.
- Motivational interviewing techniques to enhance testing uptake.
- Role-play: conducting a pre-test information session.
- Handling sensitive topics with cultural competence.

Day 3: Pre-Test Information Content and Tailoring

- Mandatory pre-test information: HIV basics, transmission, prevention, and testing process.
- Window period: definition, duration, and impact on test results.
- Testing methods: rapid tests, ELISA, and confirmatory tests.
- Benefits of knowing HIV status: treatment access and prevention.
- Limitations: false positives/negatives and confirmatory testing.
- Tailoring information: age, gender, sexual orientation, and cultural context.
- Special considerations for pregnant women, couples, and adolescents.
- Information for key populations: sex workers, men who have sex with men, and people who inject drugs.

Day 4: Support Provision and Referral Pathways

- Emotional responses to HIV testing: anxiety, fear, and denial.
- Crisis intervention: recognizing distress and providing immediate support.
- Psychosocial support: counseling techniques and resources.
- Referral pathways: prevention (PrEP, condoms), treatment (ART), and support groups.
- Linking clients to care: steps and follow-up.
- Disclosure support: preparing for partner notification.
- Self-care for counselors: managing compassion fatigue.
- Ethical dilemmas in support provision.

Day 5: Practical Integration and Assessment

- Review of key concepts from Days 1-4.
- Mock pre-test sessions with peer feedback.
- Documentation and record-keeping requirements.
- Quality assurance in pre-test information provision.
- Self-assessment and reflective practice.

- Final assessment: observed structured clinical examination (OSCE).
- Course evaluation and action planning for continued learning.
- Certification requirements and next steps.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **8 NQF credits** at **NQF Level 4**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 23,000.00	R 23,000.00
1	In-House	R 29,900.00	R 29,900.00
1	On-Campus (Pretoria)	R 34,500.00	R 34,500.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	14 Aug 2026	On-Campus	Durban, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Abu Dhabi, UAE
10 Aug 2026	14 Aug 2026	On-Campus	Pretoria, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Dubai, UAE
10 Aug 2026	14 Aug 2026	On-Campus	Cape Town, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Mauritius
17 Aug 2026	21 Aug 2026	On-Campus	Dubai, UAE
17 Aug 2026	21 Aug 2026	On-Campus	Pretoria, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 252403) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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