



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

Tel: +27 12 004 8389 · Mobile: +27 65 077 6310

Email: apply@aaticd.co.za · Website: www.aaticd.co.za

COURSE BROCHURE

Community Recreation for Development Principles

Culture and Arts / Sport

Unit Standard 254254 · NQF Level 5 · 10 Credits · 7 Days

COURSE OVERVIEW

This course equips learners with the principles and processes of community recreation to foster community development. Participants will learn to design, implement, and evaluate recreation programmes that address community needs, promote social cohesion, and enhance quality of life. The course bridges recreation theory with practical development outcomes, empowering learners to facilitate inclusive and sustainable community initiatives.

Category	Culture and Arts
Subfield	Sport
Unit Standard	254254
Accreditation	SAQA Accredited · NQF Level 5 · 10 Credits
Duration	7 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply the principles of community recreation to identify and address community development needs.
- Design a community recreation programme that promotes social inclusion and participation.
- Implement recreation activities using participatory approaches that empower community members.
- Evaluate the impact of recreation programmes on community well-being and development.
- Demonstrate effective communication and facilitation skills in diverse community settings.
- Analyze the role of recreation in fostering social cohesion and sustainable development.

WHO SHOULD ATTEND

- Community development workers, recreation officers, social workers, and NGO staff involved in planning or delivering community-based recreation programmes.
- Also suitable for local government officials and volunteers seeking to apply recreation as a tool for development.

COURSE OUTLINE

Day 1: Foundations of Community Recreation and Development

- Introduction to community recreation: concepts and scope.
- Principles of community development: participation, empowerment, sustainability.
- Historical context of recreation in South Africa.
- Role of recreation in social, economic, and health development.
- Stakeholder mapping: government, NGOs, community groups.
- Overview of relevant policies and frameworks (e.g., White Paper on Sport and Recreation).

Day 2: Community Needs Assessment and Programme Planning

- Methods for needs assessment: surveys, focus groups, community forums.
- Participatory planning: involving community members in decision-making.
- Setting SMART objectives for recreation programmes.
- Resource mapping: facilities, funding, volunteers.
- Risk assessment and mitigation strategies.
- Case studies of successful community recreation programmes.

Day 3: Programme Design and Implementation

- Designing age-appropriate and culturally sensitive activities.
- Inclusion of persons with disabilities and marginalised groups.
- Activity planning: sequencing, duration, equipment needs.
- Scheduling and time management.
- Safety considerations and emergency procedures.
- Volunteer recruitment and training.

Day 4: Facilitation and Leadership Skills

- Facilitation styles and techniques.
- Building rapport and trust with community members.
- Conflict resolution and problem-solving.
- Communication skills: active listening, feedback, non-verbal cues.
- Motivating and engaging participants.
- Ethical considerations in community work.

Day 5: Monitoring, Evaluation, and Reporting

- Key performance indicators for recreation programmes.
- Data collection methods: attendance, surveys, interviews.
- Basic data analysis and interpretation.
- Writing evaluation reports.
- Using evidence to inform decision-making.
- Case studies of M&E; in community recreation.

Day 6: Sustainability and Resource Mobilisation

- Sustainability models: financial, social, environmental.
- Fundraising strategies: grants, sponsorships, events.
- Partnership development with businesses, government, and other organisations.
- Advocacy skills: promoting the value of recreation.
- Volunteer management and retention.

- Legacy planning for long-term impact.

Day 7: Integration and Action Planning

- Recap of key principles and skills.
- Action planning template and process.
- Group work: developing a recreation programme plan.
- Presentations and peer feedback.
- Networking and support systems.
- Resources for ongoing learning and certification.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **10 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 29,600.00	R 29,600.00
1	In-House	R 38,500.00	R 38,500.00
1	On-Campus (Pretoria)	R 44,400.00	R 44,400.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	18 Aug 2026	On-Campus	Abu Dhabi, UAE
11 Aug 2026	19 Aug 2026	On-Campus	Durban, South Africa
11 Aug 2026	19 Aug 2026	On-Campus	Mauritius
12 Aug 2026	20 Aug 2026	On-Campus	Cape Town, South Africa
13 Aug 2026	21 Aug 2026	On-Campus	Dubai, UAE
14 Aug 2026	24 Aug 2026	On-Campus	Pretoria, South Africa
17 Aug 2026	25 Aug 2026	On-Campus	Durban, South Africa
18 Aug 2026	26 Aug 2026	On-Campus	Shenzhen, China

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 254254) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza, 1122 Burnett St, Hatfield 0028, Pretoria, Gauteng, South Africa
Tel: +27 12 004 8389 · WhatsApp: +27 65 077 6310 · apply@aaticd.co.za · www.aaticd.co.za