



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Advanced Recreation Programme Design for Community Needs

Culture and Arts / Sport

Unit Standard 254255 · NQF Level 5 · 12 Credits · 9 Days

COURSE OVERVIEW

This course equips learners with advanced techniques to design recreation programmes that effectively address diverse community needs. Participants will learn to analyse community demographics, apply programme planning models, and evaluate programme impact to foster social cohesion and well-being.

Category	Culture and Arts
Subfield	Sport
Unit Standard	254255
Accreditation	SAQA Accredited · NQF Level 5 · 12 Credits
Duration	9 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Analyse community needs and demographics to inform recreation programme design.
- Apply advanced recreation programming techniques and models to develop inclusive programmes.
- Design a comprehensive recreation programme that aligns with community objectives and resource availability.
- Implement recreation programmes using effective facilitation and risk management strategies.
- Evaluate programme outcomes against predefined criteria and recommend improvements.
- Demonstrate ethical and culturally sensitive practices in programme delivery.

WHO SHOULD ATTEND

- Recreation professionals, community development officers, programme coordinators, and leisure service managers seeking to enhance their skills in designing and implementing community-centred recreation programmes.

COURSE OUTLINE

Day 1: Foundations of Recreation and Community Needs

- Overview of recreation as a community service
- Key concepts: leisure, recreation, play
- Introduction to community needs analysis
- SAQA unit standard 254255 requirements
- Ethical considerations in programme design

Day 2: Community Profiling and Needs Assessment Techniques

- Community profiling tools and data sources
- Surveys, focus groups, and interviews
- Asset-based community development (ABCD) approach
- Needs prioritisation matrices
- Case studies: successful community needs assessments

Day 3: Programme Design Principles and Models

- Logic models: inputs, activities, outputs, outcomes
- The Recreation Programme Planning Cycle
- Inclusive design: age, ability, culture
- Goal setting and SMART objectives
- Balancing structured vs. free-play elements

Day 4: Activity Analysis and Adaptation

- Activity analysis frameworks
- Adaptations for persons with disabilities
- Low-cost vs. high-resource activities
- Risk management and safety planning
- Activity selection matrices

Day 5: Scheduling, Budgeting, and Resource Management

- Time planning: session duration, frequency, sequencing
- Budgeting templates and cost estimation
- Resource mobilisation: partnerships, donations, grants
- Volunteer management basics
- Equipment and facility logistics

Day 6: Implementation Strategies and Facilitation Skills

- Implementation timeline and milestones
- Facilitation styles: directive, participatory, delegative
- Conflict resolution and behaviour management
- Communication skills for diverse groups
- Contingency planning

Day 7: Monitoring, Evaluation, and Reporting

- Monitoring frameworks: indicators, data collection methods
- Participant feedback forms and observation logs
- Quantitative vs. qualitative evaluation
- Reporting formats and storytelling with data

- Using evaluation for programme improvement

Day 8: Sustainability and Community Engagement

- Sustainability models: financial, social, environmental
- Community advisory committees and co-design
- Partnership development and memoranda of understanding
- Advocacy and marketing for recreation programmes
- Exit strategies and transition planning

Day 9: Capstone Project and Course Integration

- Capstone project guidelines and rubric
- Group presentations of programme designs
- Peer review and constructive feedback
- Integration of theory, practicals, and evaluation
- Action planning for implementation

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **12 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 35,000.00	R 35,000.00
1	In-House	R 45,500.00	R 45,500.00
1	On-Campus (Pretoria)	R 52,500.00	R 52,500.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	20 Aug 2026	On-Campus	Pretoria, South Africa
11 Aug 2026	21 Aug 2026	On-Campus	Abu Dhabi, UAE
12 Aug 2026	24 Aug 2026	On-Campus	Durban, South Africa
12 Aug 2026	24 Aug 2026	On-Campus	Mauritius
13 Aug 2026	25 Aug 2026	On-Campus	Cape Town, South Africa
14 Aug 2026	26 Aug 2026	On-Campus	Dubai, UAE
17 Aug 2026	27 Aug 2026	On-Campus	Abu Dhabi, UAE
18 Aug 2026	28 Aug 2026	On-Campus	Durban, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 254255) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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