



## Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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### COURSE BROCHURE

# Leisure Education for Community Recreation

Culture and Arts / Sport

Unit Standard 254294 · NQF Level 5 · 3 Credits · 1 Day

## COURSE OVERVIEW

This course equips learners with the knowledge and skills to understand the purpose of leisure education and its application within community recreation settings. Participants will explore how leisure education enhances quality of life, promotes social inclusion, and supports community development through structured recreational programmes.

|                 |                                           |
|-----------------|-------------------------------------------|
| Category        | Culture and Arts                          |
| Subfield        | Sport                                     |
| Unit Standard   | 254294                                    |
| Accreditation   | SAQA Accredited · NQF Level 5 · 3 Credits |
| Duration        | 1 day                                     |
| Training Method | Online, On-Campus, In-House               |
| Certificate     | Issued via AATICD LMS – verifiable online |

## LEARNING OUTCOMES

- Explain the concept and purpose of leisure education within community recreation.
- Analyze the benefits of leisure education for individuals and communities.
- Apply leisure education principles to design inclusive community recreation programmes.
- Evaluate the role of leisure education in promoting social inclusion and well-being.
- Demonstrate strategies for implementing leisure education in diverse community settings.
- Assess the impact of leisure education on community development and quality of life.

## WHO SHOULD ATTEND

- This course is designed for community recreation officers, youth workers, sports and recreation coordinators, and anyone involved in planning or delivering leisure services within community contexts.

## COURSE OUTLINE

### Day 1: Foundations of Leisure Education in Community Recreation

- Definition and principles of leisure education.
- Benefits of leisure for individual and community well-being.
- The role of the leisure educator: facilitator, motivator, and resource person.
- Understanding community diversity and inclusive leisure practices.
- Common barriers to leisure participation (e.g., socio-economic, cultural, physical).
- Strategies to promote access and participation.
- Introduction to activity planning: needs assessment and goal setting.
- Basic facilitation techniques for group leisure activities.

## ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **3 NQF credits** at **NQF Level 5**.

## PRICING (PER DELEGATE, EX-VAT)

| Delegates | Training Method      | Price per Delegate | Total       |
|-----------|----------------------|--------------------|-------------|
| 1         | Online               | R 13,400.00        | R 13,400.00 |
| 1         | In-House             | R 17,400.00        | R 17,400.00 |
| 1         | On-Campus (Pretoria) | R 20,200.00        | R 20,200.00 |

## UPCOMING SESSIONS

| Start       | End         | Method    | Venue                   |
|-------------|-------------|-----------|-------------------------|
| 10 Aug 2026 | 10 Aug 2026 | On-Campus | Pretoria, South Africa  |
| 11 Aug 2026 | 11 Aug 2026 | On-Campus | Abu Dhabi, UAE          |
| 12 Aug 2026 | 12 Aug 2026 | On-Campus | Durban, South Africa    |
| 12 Aug 2026 | 12 Aug 2026 | On-Campus | Mauritius               |
| 13 Aug 2026 | 13 Aug 2026 | On-Campus | Cape Town, South Africa |
| 14 Aug 2026 | 14 Aug 2026 | On-Campus | Dubai, UAE              |
| 17 Aug 2026 | 17 Aug 2026 | On-Campus | Abu Dhabi, UAE          |
| 18 Aug 2026 | 18 Aug 2026 | On-Campus | Durban, South Africa    |

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

## HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit [www.aaticd.co.za](http://www.aaticd.co.za), open the page for this course (Unit Standard 254294) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to [apply@aaticd.co.za](mailto:apply@aaticd.co.za) – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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