



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Crime and Victimisation Vulnerability Based on Lifestyle Patterns

Law, Military Science and Security / Safety in Society

Unit Standard 255760 · NQF Level 4 · 8 Credits · 5 Days

COURSE OVERVIEW

This course equips learners with the knowledge and skills to identify and assess crime and victimisation risks based on lifestyle patterns. It enables participants to understand how daily routines, behaviours, and environments can increase vulnerability to crime, and to develop strategies to mitigate these risks. The course is designed to enhance personal and community safety through proactive risk assessment and prevention.

Category	Law, Military Science and Security
Subfield	Safety in Society
Unit Standard	255760
Accreditation	SAQA Accredited · NQF Level 4 · 8 Credits
Duration	5 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Analyse various lifestyle patterns and their correlation with crime and victimisation risks.
- Evaluate personal and environmental factors that increase vulnerability to specific types of crime.
- Apply risk assessment tools to identify potential threats based on lifestyle behaviours and routines.
- Develop practical strategies to reduce victimisation vulnerability in daily life.
- Demonstrate awareness of legal and ethical considerations in crime prevention interventions.
- Present findings and recommendations for enhancing personal and community safety.

WHO SHOULD ATTEND

- This course is intended for security officers, community safety practitioners, social workers, and any individuals responsible for crime prevention or personal safety planning in residential, commercial, or community settings.

COURSE OUTLINE

Day 1: Foundations of Crime and Victimisation

- Introduction to crime and victimisation.
- Types of crime: property, violent, white-collar, cyber.
- Victimisation surveys and official statistics.
- Vulnerability factors: age, gender, socioeconomic status.
- Lifestyle exposure theory overview.
- Routine activities theory.
- Case studies: crime patterns in SA.

Day 2: Lifestyle Patterns and Victimisation Risk

- Lifestyle exposure theory in depth.
- Routine activities: work, school, leisure.
- Occupational victimisation: security, transport, retail.
- Recreational risks: nightlife, sports, online activities.
- Peer influence and risky behaviours.
- Alcohol and substance use as risk factors.
- Demographic variations in lifestyle risks.

Day 3: Vulnerability Assessment and Profiling

- Vulnerability assessment frameworks.
- Risk profiling methodology.
- Using crime statistics for profiling.
- Geographic profiling and hotspot analysis.
- Victim typologies.
- Ethical issues: stigmatisation, privacy.
- Case study: profiling victims of robbery.

Day 4: Crime Prevention Through Lifestyle Modification

- Situational crime prevention techniques.
- Target hardening and guardianship.
- Personal safety planning.
- Community-based prevention programmes.
- Victim support services and referral.
- Policy frameworks: National Crime Prevention Strategy.
- Case studies: successful interventions.

Day 5: Advanced Applications and Practical Integration

- Integrating lifestyle analysis into crime prevention.
- Case study: analysing a high-risk community.
- Designing a victimisation prevention plan.
- Presentation and peer review.
- Future trends: cyber victimisation, urbanisation.
- Course review and assessment.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **8 NQF credits** at **NQF Level 4**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 23,000.00	R 23,000.00
1	In-House	R 29,900.00	R 29,900.00
1	On-Campus (Pretoria)	R 34,500.00	R 34,500.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	14 Aug 2026	On-Campus	Durban, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Abu Dhabi, UAE
10 Aug 2026	14 Aug 2026	On-Campus	Pretoria, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Dubai, UAE
10 Aug 2026	14 Aug 2026	On-Campus	Cape Town, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Mauritius
17 Aug 2026	21 Aug 2026	On-Campus	Dubai, UAE
17 Aug 2026	21 Aug 2026	On-Campus	Pretoria, South Africa

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 255760) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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