



## Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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### COURSE BROCHURE

# Workplace Noise Sources and Control Measures

Health Sciences and Social Services / Preventive Health

Unit Standard 259602 · NQF Level 1 · 2 Credits · 1 Day

## COURSE OVERVIEW

This course equips learners with the knowledge to identify sources of noise in the workplace, understand the associated health risks, and implement effective control measures. It aims to promote a safer working environment by reducing noise exposure and complying with relevant occupational health and safety regulations.

|                 |                                           |
|-----------------|-------------------------------------------|
| Category        | Health Sciences and Social Services       |
| Subfield        | Preventive Health                         |
| Unit Standard   | 259602                                    |
| Accreditation   | SAQA Accredited · NQF Level 1 · 2 Credits |
| Duration        | 1 day                                     |
| Training Method | Online, On-Campus, In-House               |
| Certificate     | Issued via AATICD LMS – verifiable online |

## LEARNING OUTCOMES

- Identify and describe common sources of noise in industrial and office environments.
- Explain the health effects of excessive noise exposure, including hearing loss and stress.
- Apply the hierarchy of controls to select appropriate noise control measures.
- Demonstrate knowledge of legal requirements and standards for workplace noise.
- Evaluate the effectiveness of existing noise control measures and recommend improvements.
- Implement basic noise monitoring and reporting procedures.

## WHO SHOULD ATTEND

- This course is designed for employees, supervisors, health and safety representatives, and anyone responsible for managing noise hazards in the workplace.

## COURSE OUTLINE

### Day 1: Understanding Workplace Noise and Implementing Controls

- Introduction to workplace noise: sources, types (continuous, intermittent, impulse)
- Health effects of noise exposure: hearing loss, tinnitus, stress
- Legal requirements: OHS Act, Noise-Induced Hearing Loss Regulations, SANS 10083
- Noise measurement: sound level meters, dosimeters, frequency analysis
- Hierarchy of noise control: elimination, substitution, engineering controls, administrative controls, PPE
- Engineering controls: enclosures, barriers, silencers, vibration damping
- Administrative controls: job rotation, signage, hearing conservation programs
- Hearing protection: types, selection, fit testing, maintenance

## ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **2 NQF credits** at **NQF Level 1**.

## PRICING (PER DELEGATE, EX-VAT)

| Delegates | Training Method      | Price per Delegate | Total       |
|-----------|----------------------|--------------------|-------------|
| 1         | Online               | R 12,800.00        | R 12,800.00 |
| 1         | In-House             | R 16,600.00        | R 16,600.00 |
| 1         | On-Campus (Pretoria) | R 19,200.00        | R 19,200.00 |

## UPCOMING SESSIONS

| Start       | End         | Method    | Venue                  |
|-------------|-------------|-----------|------------------------|
| 11 Aug 2026 | 11 Aug 2026 | On-Campus | Dubai, UAE             |
| 12 Aug 2026 | 12 Aug 2026 | On-Campus | Pretoria, South Africa |
| 13 Aug 2026 | 13 Aug 2026 | On-Campus | Abu Dhabi, UAE         |
| 14 Aug 2026 | 14 Aug 2026 | On-Campus | Durban, South Africa   |
| 14 Aug 2026 | 14 Aug 2026 | On-Campus | Mauritius              |
| 17 Aug 2026 | 17 Aug 2026 | On-Campus | Harare, Zimbabwe       |
| 17 Aug 2026 | 17 Aug 2026 | On-Campus | Dubai, UAE             |
| 18 Aug 2026 | 18 Aug 2026 | On-Campus | Pretoria, South Africa |

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

## HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit [www.aaticd.co.za](http://www.aaticd.co.za), open the page for this course (Unit Standard 259602) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to [apply@aaticd.co.za](mailto:apply@aaticd.co.za) – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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